The International Congress
The longest-running congress in Palliative Care... since 1976!

Why attend?
• to share experiences and exchange ideas with fellow palliative caregivers from 60 countries, representing all disciplines – nurses, physicians, social workers, researchers, educators, administrators, pharmacists, physical and occupational therapists, music and art therapists, psychologists, psychotherapists, pastoral caregivers, volunteers...
• to meet trail blazers and innovators from all around the world
• the in-depth workshops and seminars covering all aspects of end-of-life care
• the opportunities for thoughtful interaction
• the 3 Rs: Re-energize, Rejuvenate, Replenish

What previous attendees have said:
“This conference “centers me” and shows me there is hope for humanity.”
What a self nourishing and compassionate experience I can immediately apply with presentations.
“This conference “centers me” and shows me there is hope for humanity.”

Inspirating Plenaries...
Compassion and Impeachment
Cindy Blackstock, Executive Director, First Nations Child and Family Caring Society of Canada, Ottawa, ON, Canada

Sunita Puri, Medical Director, Palliative Medicine and Supportive Care Service, Keck Hospital and Norris Cancer Center of the University of Southern California, Los Angeles, CA, USA

Caring for Self
Eric Fiat, Assistant Director, Laboratoire Interdisciplinaire d’étude du politique / Hannah Arendt, Université de Paris-Est, Marne la Vallée, France

Christian Nitzimira, Palliative Care Physician; City Manager, Kigali, City Cancer Challenge Foundation; Founder Member, Rwanda Palliative Care and Hospice Organisation, Kigali, Rwanda

Volunteerism: a Cornerstone of Palliative Care
This plenary will feature volunteers from around the world who are making a difference in their communities.

Palliative Care Looking Ahead
Lucas Morin, Department of Medical Epidemiology and Biostatistics and Aging Research Center, Karolinska Institutet, Stockholm, Sweden

Anna Collins, Research Fellow, Head, Public Health & Health Services Research – Palliative Medicine Research Group, St Vincent’s Hospital Melbourne, University of Melbourne, Melbourne, Australia

Cory Andrew Labrecque, Associate Professor of Theological Ethics and Bioethics; Chair of Educational Leadership in the Ethics of Life, Director of Applied Ethics in the Faculty of Theology and Religious Studies, Université Laval, Quebec, QC, Canada

All-Day Seminars
CLINICAL MASTER CLASS:
Management of End-Stage Non Cancer Diseases and Palliative Approach to Frailty in the Elderly
• Nathan Goldstein, Mount Sinai, New York, NY, USA
• Amanda Brisebois, University of Alberta, Edmonton, AB, Canada
• Paige Moorhouse, Dalhouse University, Halifax, NS, Canada
• Romayne Gallagher, Providence Health Care, Vancouver, BC, Canada
• Mary Lynn McPherson, University of Maryland School of Pharmacy, Baltimore, MD, USA

PEDiATRIC PALLiATiVe CARE:
Re-thinking the “Care” in Pediatric Palliative Care – An Interprofessional Examination of “Care” Through Research and Practice
• Kimberly Widger, University of Toronto, Toronto, ON, Canada
• Mary Ellen MacDonald, McGill University, Montréal, QC, Canada
• Richard Main, All-Wales Paediatric Palliative Care Network, Wales, UK
• Camara van Breeman, Canuck Place Children’s Hospice, Vancouver, BC, Canada
• Pamela Hinds, Children’s National Health System, Washington, DC, USA

NURsING DAY:
Is it Time to Retire the Angel Metaphor?
Reflections on Knowledge and Skill in Caregiving Work
• Mike Villeneuve, Canadian Nurses Association, Ottawa, ON, Canada
• Kelli Stajduhar, University of Victoria, Victoria, BC, Canada
• Jamie Penner, University of Manitoba, Winnipeg, MB, Canada
• Elizabeth Peter, University of Toronto, Toronto, ON, Canada

SELF-CARe ACTiviTiES
Taking Care of YOU
Caring for ourselves is key to being able to care for others. The Congress offers many opportunities to restore our inner tranquility and help us achieve a sense of well-being.
• Welcome Reception
• Self-Care Activities
• Moments for Introspection
• Live Music

REFLECTiVe PRACTiCe:
Know Thyself: A Whole Person Care Self-reflective Journey
• Tom Hutchinson, McGill Program in Whole Person Care, McGill University, Montréal, QC, Canada
• Edwin Schel, Department of Global Public Health and Primary Care, University of Bergen, Norway

PSYCHOSOCiAL ISSUES:
Topic and speakers to be announced on the website

THE TERESA DELLAR COMMUNITY DEVELOPMENT SEMINAR:
Caregiving, Community, Advocacy and Volunteers
• The Honourable Sharon Carstairs, PC, CM, Former Senator, Ottawa, ON, Canada
• Shelly Cory, Canadian Virtual Hospice, Winnipeg, MB, Canada
• Naheed Dosani, PEARL, Inner City Health Associates, Toronto, ON, Canada
• Pamela Grassau, Carleton University, Ottawa, ON, Canada
• Suzanne O’Brien, Council on Palliative Care, Montréal, QC, Canada
• Holly Prince, Lakehead University, Thunder Bay, ON, Canada
• Isabelle Szasz, Caregiver, Montréal, QC, Canada

West Island Palliative Care Residence, Kirkland, QC, Canada

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• Supporting the Well-Being of Caregivers
• Educating for Caregiving

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We would like to thank the following organizations for their support:

Canadian Hospice Palliative Care Association
Canadian Society of Palliative Care Physicians
Canadian Virtual Hospice

www.pal2020.com

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O’Donouhue & Associates Event Management Ltd.
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Tel.: +1 450-292-3456, ext. 227
Email: info@pal2020.com

Visiting the site at www.pal2020.com to find out how to submit an abstract for Workshop, Poster Paper, Research Forum Paper, or Poster.

Call for Abstracts

Abstract Categories:

- Acute and Critical Care
- Aging / Geriatrics
- The Arts and Arts-based Therapies
- Bereavement, Loss, Grief
- Children and Youth
- Clinical Nutrition at the End of Life
- Communication
- Community-based Palliative Care & Home Care
- Compassionate Communities
- Complementary Therapies / New Natural Analgesics
- Education, Training and Supervision
- End-of-Life Issues for People with Disabilities (mental or physical)
- Ethical issues
- Family and Informed Caregivers
- HIV/AIDS
- Humanitarian Crises (Palliative Care during)
- Indigenous Health
- Innovative Technology
- Interprofessional Collaborative Practice
- Leadership, Program Development and Evaluation
- LGBTQ+ Community
- Long-term Care (Palliative Care in)
- Low- and Middle-Income Countries (Palliative Care in)
- Methodological Issues in Research and Quality Improvement
- Neuropalliative Care
- Non-cancer Care
- Nursing Issues
- Gastronomy at the End of Life
- Pain and Symptom Management
- Psychosocial Interventions and Issues
- Public Health Initiatives and Policy Development
- Self-care and Wellness
- Social, Cultural and Political Issues
- Spirituality
- Suffering, Healing and Whole Person Care
- Surviviorship
- Underserved Populations
- Young Adults
- Voluneteers
- Other

Registration Information

Register online at www.pal2020.com or download the registration form and send it to the Congress Secretariat.

For inquiries, please contact the Congress Secretariat (see back panel).

Call for Submissions

Innovation Challenge 2020

Celebrating Innovation That Is Leading Progress in Palliative Care

Are you an innovator? Do you have compelling research, a best practice, an approach, a tool or a resource that’s making a difference in palliative care?

Submit your innovation by April 1, 2020, for the chance to be one of 6 innovators chosen to present in a fast-paced innovation hour to our own palliative care “shark tank”. Visit www.pal2020.com for details.

The winner will be named International Congress Innovator of the Year for 2020 and will receive the “Canadian Virtual Hospice Prize” of $1,000 CAN to support the ongoing development of their innovation.

Fees include access to all sessions, Welcome Reception, access to the Exhibit Hall, Congress publications, and all taxes.

If you are a Palliative Care Volunteer, or from a low- or middle-income country, please visit the Congress website for discounted rates available to you.

Visit our website for ongoing updates to the program www.pal2020.com