On behalf of all my colleagues at Palliative Care McGill, it is with great pleasure that I invite you to join us in Montréal this October for the 21st International Congress on Palliative Care.

Since the Congress was first held in 1976, then called “The International Seminar on Terminal Care”, it has grown and evolved steadily from a few dozen delegates to close to two thousand professionals and volunteers from all over the world. We have grown, but what remains at the core of this Congress is our wish to blend the humanities with the sciences, to allow for learning, to be inspired by one another, and to reflect on the care we offer.

Again this year, hundreds of healthcare professionals, academics, artists, researchers, philosophers, volunteers, as well as many others involved in the care of the dying and their loved ones, have offered to share their expertise and experience with all of us. We have more than 260 speakers, and are expecting more than 400 posters from the four corners of our planet. I am sure that browsing through this brochure and seeing the incredible diversity of subjects and points of view, you will agree that this 21st edition of the Congress should not be missed.

We have so much to share and celebrate in our collective accomplishments. I look forward to welcoming you to Montréal on October 18th for this Congress which will be rich with ideas, friendship and inspiration!

Bernard J. Lapointe, MD
Eric M. Flanders Chair in Palliative Medicine
McGill University, Montréal
Executive Committee

Bernard Lapointe, Congress Chair, Eric M. Flanders Chair in Palliative Medicine; Director, Palliative Care McGill, McGill University; Chief, The Marjorie and Gerald Bronfman Division of Palliative Care, Jewish General Hospital, Montréal, QC

Vasiliki (Bessy) Bitzas, Head Nurse, Palliative Care, Jewish General Hospital, Montréal, QC

Robin Cohen, Director of Research, Palliative Care McGill, McGill University; Senior Investigator, Jewish General Hospital, Montréal, QC

Linda Crelinsten, Council on Palliative Care, Montréal, QC

Kappy Flanders, Co-Chair, Council on Palliative Care, Montréal, QC

Mary Ellen Macdonald, Assistant Professor, Faculty of Dentistry, McGill University, Montréal, QC

Christopher MacKinnon, Psychologist, Palliative Care, McGill University Health Centre, Montréal, QC

April O’Donoughue, President, O’Donoughue & Associates Event Management, Mansonville, QC

Devon Phillips, Program Advisor, Palliative Care McGill, McGill University, Montréal, QC

Programme Committee

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Hitesh Bhanabhai, Montreal General Hospital, Montréal, QC

Maryse Bouvette, Bruyère Continuing Care, Ottawa, ON

Franco Carnevale, Montreal Children’s Hospital, Montréal, QC

Harvey Chang, Jewish General Hospital, Montréal, QC

Teresa Dellar, West Island Palliative Care Residence, Kirkland, ON

James Downar, University of Toronto, Toronto, ON

Justine Farley, Palliative Care Physician, Montréal, QC

Hinda Goodman, Hope & Cope, Montréal, QC

Marc Hamel, Montreal General Hospital, Montréal, QC

David Henderson, Colchester-East Hants Palliative Care Program, Truro, NS

Leonie Herx, University of Calgary, Calgary, AB

Cory Ingram, Mayo Clinic, Rochester, MN, USA

R. Sean Morrison, Mount Sinai Icahn School of Medicine, New York, NY, USA

Elena Neamt, CSSS de l’Ouest de l’Île, Pointe-Claire, QC

Suzanne O’Brien, Hope and Cope, Montréal, QC

Bonica Orng, Montreal General Hospital, Montréal, QC

Monica Parmar Calislar, Jewish General Hospital, Montréal, QC

Deborah Salmon, Montreal General Hospital, Montréal, QC

Antonio Vigano, Montreal General Hospital, Montréal, QC

David Wright, Bruyère Continuing Care, Ottawa, ON

Jean Zigby, Jewish General Hospital, Montréal, QC
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Luce Des Aulniers, Université du Québec à Montréal, Montréal, QC, Canada

Deborah Dudgeon, Canadian Partnership Against Cancer (CPAC), Kingston, ON, Canada

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Kathleen Foley, Memorial Sloan-Kettering Cancer Center, New York, NY, United States

Irene Higginson, King’s College London, London, United Kingdom

Tom Hutchinson, McGill Programs in Whole Person Care, Montréal, QC, Canada

Stephen Liben, The Montreal Children’s Hospital, Montréal, QC, Canada

Neil MacDonald, McGill University, Montréal, QC, Canada

Vincent Morel, Société Française d’Accompagnement et de Soins Palliatifs, Rennes, France

Balfour M. Mount, Professor Emeritus in Palliative Medicine, McGill University, Montréal, QC, Canada

David Praill, Chair of ehospice and Past Chair, Worldwide Hospice Palliative Care Alliance, London, United Kingdom

Gary Rodin, Princess Margaret Hospital, University Health Network, Toronto, ON, Canada

Anna Towers, Palliative Care McGill, McGill University, Montréal, QC, Canada

Congress Secretariat

Visit the conference website: www.pal2016.com
For this course, we have requested CME study credits from McGill University, Office for Continuing Professional Development (CPD) which sponsors continuing medical education for physicians. The Office for CPD McGill University is fully accredited by the Committee on Accreditation of Canadian Medical Education (CACME). We are also requesting continuing education credits for nurses, pharmacists and psychotherapists.

For details, please visit the web site: www.pal2016.com

Daily sign-in registration will be required in order to receive attestation certificates. You are responsible to collect your attestation certificate on your last day at the Congress.

Translation

Simultaneous interpretation (French-English / English-French) will be offered for all Plenary sessions and selected seminars and workshops.

![Listen Symbol] means the language of presentation is English with interpretation into French.

![Listen Symbol] means the language of presentation is French with interpretation into English.

For all other sessions, the title and description are in the language of presentation.
**Feel Good**

Caring for ourselves is key to being able to care for others... The Congress offers ample opportunity to restore our inner tranquility and help us achieve a sense of well-being.

**Self Care Activities**

This popular feature will again be offered to participants each day, from Wednesday through Friday and will include a choice between an outdoor walk or run, and a session of yoga, mindful meditation, or pilates.

Organized by Hope and Cope, Jewish General Hospital, Montréal

**Reflections 2016**

The Congress will continue its long-standing tradition of presenting Reflections at the beginning of every plenary session. Reflections combine images, music and words to lead us from the distractions and preoccupations that crowd our minds, into a focused awareness of shared experience.

**Memorial Service**

**Wednesday, October 19**

17:15-17:55

A short interlude of poetry, music and images to remember those whom we have lost. With the participation of French cellist Claire Oppert
Welcome Reception

Tuesday, October 18, 17:30-19:00
Join fellow participants over a glass of wine or refreshment of your choice and sample some of Montreal’s most delectable culinary treats.
A great opportunity to reconnect with old friends and to meet new ones in a relaxing ambience.
(Included in the registration fee)

Orchestre Symphonique de Montréal Concert
Thursday, October 20, 20:00 – Maison Symphonique

Maestro Kent Nagano Celebrates the Montréal Metro!
Quebec has covered a lot of ground since the 1960s! For this concert, the Orchestre Symphonique de Montréal, under Maestro Nagano, teams up with the Société de Transport de Montréal to mark the 50th anniversary of the Montréal metro, with the world premiere of a work by composer José Evangelista. You’re in for quite a ride!

Tickets available for Congress participants at a special 20% discount.
Exhibit and Poster Display Hall

This gathering place features:
- **Over 400 Posters** covering a broad range of topics
- **Exhibits** showcasing services, supplies and information to assist palliative caregivers
- **A bookstore** with a comprehensive selection of books touching on all aspects of Palliative Care.
- **Book signings** with authors of recent publications

NEW THIS YEAR

**Poster Walks**

Experts in various disciplines will lead small groups of interested participants around pre-selected posters, highlighting significant and thought-provoking research and innovative programs.

Networking Lunches

A chance to meet others from around the world who play a similar role and share your interests in palliative care.

For further information, visit the website: [www.pal2016.com](http://www.pal2016.com)

Films and Dramatic Presentations

For a change of pace and new perspectives, take advantage of these optional lunchtime activities.

L01 Film Screening: *I’m Still Here: Young Adults Living Life with Recurrent Cancer*
*Tuesday, October 18, 12:50 - 13:50 – see page 12*

L02 Dramatic Reading: *Sophocles' Philoctetes*
*Wednesday, October 19, 12:40 - 13:50 – see page 22*

L04 Film Screening: *Love in Our Own Time*
*Thursday, October 20, 12:50-13:50 – see page 37*

L05 Story/Theatre Presentation:
* Cicely! The Life and Work of Dame Cicely Saunders*
*Friday, October 21, 12:50 - 13:50 – see page 53*
**Student Section**

An opportunity for bachelor’s, master’s and doctoral students, as well as postdoctoral fellows to meet colleagues who share common interests in death, dying and bereavement, and to establish networks for possible future research and clinical collaborations.

The Student Forum (L03) will take place on Wednesday, October 19, 13:00 – 13:50 – see page 22.

Details about other student activities may be found on the Congress website.

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**FREE PUBLIC SCREENING & DISCUSSION**

**Tuesday, October 18, 19:00 – Palais des Congrès**

**DAVID BOURKE MEMORIAL LECTURE**

**Little Stars: Accomplishing the Extraordinary in the Face of Serious Illness**

*Little Stars* tells the surprisingly life-affirming stories of young people living with life-limiting illnesses. Against the odds these youngsters are making the most of every moment thanks to the support of their loved ones, working in harmony with passionate "palliative care" teams. *Little Stars* is a film you will never forget. Narrated by acclaimed British actor **David Suchet, CBE**, the raw power, insight and emotional honesty of this definitive human interest documentary will leave a lasting impression. The projection of the film will be followed by a period of discussion led by **Dr. Hal Siden**, Clinical Professor in the Department of Pediatrics of the University of British Columbia, and Medical Director of Canuck Place Children’s Hospice.

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**RELATED MEETING**

**International Palliative Care Family Carer Research Collaboration (IPCFRC) – Open Meeting**

**Thursday, October 20, Thursday, 13:15 – 13:45**

Palais des Congrès (room TBA in the on-site programme)
Chair: Professor Peter Hudson (Australia)

The purpose of this meeting is to describe the functions and outcomes of the IPCFRC and to welcome those potentially interested in joining the collaborative.
All congress delegates welcome to attend.
For information: [ipcfrc.centreforphallcare.org](http://ipcfrc.centreforphallcare.org)
RESEARCH FORUM
RF1
Chair: Robin Cohen, McGill University, Montréal, QC, Canada
Discussant: Sharon Kaasalainen, McMaster University, Hamilton, ON, Canada

A) How Empowering Is Hospital Care for Older Adults, and What Difference Does Palliative Care Make? A Cross-National Ethnography in England, Ireland and the USA
Lucy Ellen Selman1, Barbara Daveson1, Melinda Smith1, Bridget Johnston2, Karen Ryan3, R. Sean Morrison4, Katy Tobin4, Caty Pannell4, Regina McQuillan5, Taja Ferguson5, Anastasia Reison5, Steven Z. Pantilat6, Diane E. Meier4, Charles Normand2, Irene J. Higginson1
1. King’s College London, London, United Kingdom 2. Centre of Health Policy and Management, Trinity College Dublin, Dublin, Ireland 3. Mater Misericordiae University Hospital, Dublin, Ireland 4. Icahn School of Medicine at Mount Sinai, New York, NY, United States 5. Beaumont Hospital, Dublin, Ireland

B) Experiences of Integrating Electronic Assessments Within Tertiary Palliative Care: Use of the Quality of Life Assessment and Practice Support System (QPSS)
Marian Krawczyk1,2, Kara Schick-Makaroff3, S. Robin Cohen4,5, Kelli Stajduhar6, Esther Laforest4, Sharon Wang2, Neil Hilliard7, Charlene Neufeld7, Judy Lett7, Carolyn Taylor7, James Voth8, Richard Sawatzky1,2

C) The Effectiveness of the Care Programme for the Last Days of Life (CAREFuL) to Improve Comfort and Quality of Care in Acute Geriatric Hospital Wards: A Cluster Randomized Controlled Trial
Kim Beernaert1, Tinne Smets1, Joachim Cohen6, Rebecca Verhofstede1, Massimo Costantini1, Kim Eeclo1, Nele Van Den Noortgate1,3, Luc Delfiens1
1. Vrije Universiteit Brussel and Ghent University, Ghent, Belgium 2. RCCS Arcispedale S. Maria Nuova, Reggio Emilia, Italy 3. Ghent University Hospital, Ghent, Belgium
Tuesday, October 18, 2016

**09:00 – 17:30 CHOICE OF CONCURRENT ALL-DAY SEMINARS (S1, S2, S3, S4 or S5)**

**Morning Break:** 10:30 to 11:00 (seminars S1, S2, S3, S5); 11:00 to 11:30 (for seminar S4)

**Lunch Break:** 12:30 to 14:00 (all seminars)

**Afternoon Break:** 15:30 to 16:00 (all seminars)

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**S1 NURSING ISSUES**

**BUILDING STRENGTH IN PALLIATIVE CARE NURSING: KNOWLEDGE, ACTION, AND SELF-CARE**

Organizers and Co-Chairs:

Vasiliki Bitzas, Jewish General Hospital, Montréal, QC, Canada,
Maryse Bouvette, Bruyère Continuing Care, Ottawa, ON, Canada and
David Wright, University of Ottawa, Ottawa, ON, Canada

(This Seminar will be conducted in English with simultaneous interpretation into French.)

As societies shift and populations age, health care systems are called upon to respond to new and increasingly complex challenges. Palliative care nursing must evolve to address these challenges, including caring for patients and families in different societal contexts and meeting the needs of a wide group of people. This evolution is framed by knowledge development and a patient centered call to action. Imperative to the strengthening of palliative care nursing is an acknowledgment that the moral burden of caring for the dying must be addressed and that coping strategies must be developed.

**09:00 – 10:30**

**Palliative Care in the Rural Community**

Barbara Pesut, *Canadian Research Chair in Health, Ethics and Diversity, University of British Columbia, Vancouver, BC, Canada*

**11:00 – 12:30**

**Theory of Intellectual Capital in Nursing**

Christine Covell, *University of Alberta, Edmonton, AB, Canada*

**14:00 – 15:30**

**Moral Distress**

Cynda Rushton, *Johns Hopkins University, Baltimore, MD, United States*

**16:00 – 17:30**

**Mindfulness**

Ruth Richardson, *Algonquin College, Ottawa, ON, Canada*
**S2 PEDIATRIC PALLIATIVE CARE**

**RETHINKING THE ‘PEDIATRIC’ IN PEDIATRIC PALLIATIVE CARE: AN INTERPROFESSIONAL EXAMINATION OF THE CHILD IN OUR RESEARCH AND PRACTICE**

Organizers and Co-Chairs: Mary Ellen Macdonald, McGill University, Montréal, QC, Canada and Franco Carnevale, The Montreal Children’s Hospital, MUHC, Montréal, QC, Canada

This Pediatrics “Rethinking Seminar” will examine how the ‘voice of the child’ matters in our clinical and research work. How might our approaches stifle children’s voices, and how does this matter? In this seminar we will confront our assumptions and practices, with the goal of resolving tensions, uncovering gaps and imagining future directions together.

**09:00 – 10:30**

**What Is ‘The Voice of a Child’ and How Does It Matter?**

*Alan Prout, University of Leeds, Leeds, United Kingdom*

*Franco Carnevale, The Montreal Children’s Hospital, McGill University Health Centre, Montréal, QC, Canada*

**Discussant:** Adam Rappaport, Hospital for Sick Children, Toronto, ON, Canada

Q&A with audience

**11:00 – 12:30**

**How Do We Solicit, Interpret, and Understand Voices That Are Difficult to Hear?**

*Gail Teachman, Centre for Research on Children and Families, McGill University, Montréal, QC, Canada*

*Chris Feudtner, Children’s Hospital of Philadelphia, Philadelphia, PA, United States*

**Discussant:** Manon Champagne, Université du Québec en Abitibi-Témiscamingue, Rouyn-Noranda, QC, Canada

Q&A with audience

**14:00 – 15:30**

**Contextualizing Voices: Family, Culture, Community**

*Sylvie Fortin, Université de Montréal, Montréal, QC, Canada*

**Discussant:** TBD

Q&A with audience

**16:00 – 17:30**

**Voices from Beyond the Grave**

*Mary Ellen Macdonald, McGill University, Montréal, QC, Canada*

*Betty Davies, University of Victoria, Victoria, BC, Canada*

**Discussant:** Susan Cadell, Renison University College, Waterloo, ON, Canada

Q&A with audience

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**L01 FILM SCREENING**

*I’m Still Here: Young Adults Living Life with Recurrent Cancer*

*I’m Still Here* follows six young adults living with recurrent cancer on a three-day retreat. Working creatively with fear, uncertainty and hope will be the focus for discussion, following the film, facilitated by three participants in the film; one a young adult living with recurrent cancer, the others co-founders of the Callanish Society based in Vancouver, BC.
**WHOLE PERSON CARE**

BRINGING YOUR WHOLE PERSON TO WHOLE PERSON CARE

Organizer and Chair: Tom Hutchinson, McGill Programs in Whole Person Care, McGill University, Montréal, QC, Canada

We will use techniques (ways of viewing the world, the iceberg metaphor, part’s party) developed by family therapist Virginia Satir to explore how we can become both more effective and more resilient practitioners of whole person care.

- **09:00 – 10:30** Ways of Viewing the World
- **11:00 – 12:30** Iceberg Metaphor
- **14:00 – 15:30** Parts Party
- **16:00 – 17:30** Resilience and Whole Person Care

**CLINICAL MASTER CLASS**

UPDATE ON PALLIATIVE MODALITIES FOR MANAGING CANCER PATIENTS

Organizers and Co-Chairs: David Henderson, Colchester-East Hants Palliative Care Program, Truro, NS, Canada and Leonie Herx, University of Calgary, Calgary, AB, Canada

In cooperation with the Canadian Society of Palliative Care Physicians

With the support of Canadian Partnership Against Cancer:

We have focused on non-malignant conditions over the last two Master Classes. This year we are pleased to present a world-renowned list of speakers reviewing evidence based best practices to manage some common conditions in malignant diseases.

- **09:00 – 10:00** Newer Generation Palliative Treatments of Malignancies
  Paul Daeninck, University of Manitoba, Winnipeg, MB, Canada

- **10:00 – 11:00** Palliative Rehabilitation
  Thomas Jagoe, McGill University, Montreal, QC, Canada

- **11:30 – 12:30** What’s New in Palliative Care Pain Management?
  Henrique A. Parsons, University of Ottawa, Elisabeth Bruyère Hospital, The Ottawa Hospital Research Institute, Ottawa, ON, Canada

- **14:00 – 15:30** Cachexia
  Eduardo Bruera, University of Texas, M.D. Anderson Cancer Center, Houston, TX, United States

- **16:00 – 17:30** Malignant Bowel Obstruction
  David Currow, Flinders University, Adelaide, SA, Australia
RESEARCH METHODOLOGY
DEVELOPING AND EVALUATING INNOVATIVE AND/OR COMPLEX PROGRAMS/INTERVENTIONS
Organizers and Co-Chairs: Robin Cohen, McGill University, Montréal, QC, Canada and R. Sean Morrison, Mount Sinai Icahn School of Medicine, New York, NY, United States

The purpose of this seminar is to give researchers an opportunity to learn from experts and each other about challenges/barriers/pitfalls and solutions to conducting palliative care research. There will be significant time for discussion. Clinicians are welcome to come and learn about challenges researchers face.

09:00 – 10:30 Participatory, Collaborative, and Qualitative Evaluation
Brad Cousins, University of Ottawa, Ottawa, ON, Canada

11:00 – 12:30 Palliative Care Issues in Randomized Control Trial Designs
i) Cluster Randomization  
David Currow, Flinders University, Adelaide, SA, Australia

14:00 – 15:30 Natural Experiments and Quasi-Experimental Studies
Melissa Aldridge, Mount Sinai School of Medicine, New York, NY, United States

16:00 – 16:30 Patient-Reported Outcomes (PROs): Validity Evidence and Values Underlying Their Use
Richard Sawatzky, Trinity Western University, Vancouver, BC, Canada

16:30 – 17:30 Discussion and Closing Remarks

17:30 – 19:00 WELCOME RECEPTION

19:00 DAVID BOURKE MEMORIAL LECTURE
Little Stars: Accomplishing the Extraordinary in the Face of Serious Illness – see page 9 for details
**PL1 INSPIRING PERSPECTIVES IN PALLIATIVE CARE**

**Chair:** Bernard Lapointe, McGill University, Montréal, QC, Canada

**THE IMPORTANCE OF MUSIC IN OUR LIVES**

**Kent Nagano,** Music Director, Orchestre Symphonique de Montréal, Montréal, QC, Canada

As Victor Hugo wrote: Music expresses that which cannot be put into words and that which cannot remain silent. Music plays a fundamental role in our lives, from the lullabies sung to us when we were infants, to our songs that celebrate love, to the sheer joy that we experience when listening to Mozart or The Beatles. Music creates strong emotions and triggers memories. Music allows us to build bridges and dreams of hope. At the opening plenary Maestro Kent Nagano, Music Director of the Montreal Symphony Orchestra, in conversation with author and caregiver Louise Penny, will explore the essential role of music in our lives and in the care of our patients.

**ON PAIN: HISTORICAL REFLECTIONS**

**Joanna Bourke,** Professor of History, Department of History, Classics and Archaeology, School of Social Sciences, History, and Philosophy, Birkbeck College, University of London, London, United Kingdom

Pain has a history. Pain experiences do not emerge naturally from physiological processes, but always in negotiation with social worlds. As such, they are historically constituted and reconstituted in relation to language, social and environmental interactions, and bodily comportment. This plenary explores the different ways people have attempted to communicate their pain from the eighteenth century to the present.

At 11:00 participants may attend either the Special Seminar “Fundamentals of Palliative Care Nursing” (A01/B01/C01), or the Special Seminar “Pharmacotherapy and Palliative Care” (A02/B02/C02), both of which continue until 17:00; or alternatively choose from a selection of workshops at 11:00 (A03-A12), at 14:00 (B03-B12) and at 16:00 (C03-C12).
Wednesday, October 19, 2016

FUNDAMENTALS OF PALLIATIVE CARE NURSING – CONTINUED FROM PAGE 15

11:00 – 12:30

A01

A) The Integration of Palliative and End-of-Life Care in an Intensive Care Unit
(presented in French)
Lise Fillion, Université Laval, Québec, QC, Canada

B) Nursing Care of Patients Dying in the ICU
David Wright, University of Ottawa, Ottawa, ON, Canada
Brandi Vanderspank-Wright, University of Ottawa, Ottawa, ON, Canada

14:00 – 15:30

B01

A) Transitions to Palliative Care: Experiences of Hospitalized Patients
Vasiliki (Bessy) Bitzas, S.M.B.D. Jewish General Hospital, Montréal, QC, Canada

B) Improving Nurse to Nurse Transfer of Accountability in a Palliative Care Unit
Victoria McLean1, Slawomir Zulawnik1, Fred Parmanand1, 2
1. St. Michael’s Hospital, Toronto, ON, Canada
2. Bridgepoint Sinai Health System, Toronto, ON, Canada

C) Nurses’ Experiences of Patient Death: An Interpretive Description
Christy Konietzny1, Sharon Kaasalainen1, Jenny Ploeg1, Nancy Carter1, Lori Schindel Martin2
1. McMaster University, Hamilton, ON, Canada
2. Ryerson University, Toronto, ON, Canada

16:00 – 17:00

C01

“The Therapeutic Self”: An Evolving Communication Tool
(presented in French)
Maryse Bouvette, Bruyère Continuing Care, Ottawa, ON, Canada

11:00 – 17:00 SPECIAL SEMINAR

A02/B02/C02 PHARMACOTHERAPY AND PALLIATIVE CARE: WHAT WE NEED TO KNOW

Organizer and Chair: Bonica Orng, Montreal General Hospital, Montréal, QC, Canada

Effective symptom control in palliative care remains a challenge for caregivers seeking to ensure maximum patient comfort. This seminar will feature a series of presentations by leading experts who will discuss the latest research in understanding pain and current issues in medication options.

11:00 – 12:30

A02

Let It Go! Let It Go! Setting Medications Free in Advanced Illness
Mary Lynn McPherson, University of Maryland School of Pharmacy, Baltimore, MD, United States

Patients with advanced illnesses are frequently taking medications that could be considered futile or irrational. Participants in this presentation will learn about a systematic process to evaluate the benefits and burdens of medications in advanced illness, and recommend strategies for discontinuing medications that are no longer necessary.

CONTINUES ON PAGE 17
Wednesday, October 19, 2016
PHARMACOTHERAPY AND PALLIATIVE CARE – CONTINUED FROM PAGE 16
14:00 – 15:15

**B02**

**Pain Management in the Geriatric Population**

David Lussier, Université de Montréal et Institut universitaire de gériatrie de Montréal, Montréal, QC, Canada

Review of pharmacologic changes associated with aging, as well as practical tips on how to prescribe various analgesics in older patients, in order to obtain proper pain control and fewer adverse effects.

15:45 – 17:00

**C02**

**The Therapeutic Use of Cannabis**

Mark Ware, Alan Edwards Pain Management Unit, McGill University, Montréal, QC, Canada

The medical use of cannabis is a topic of great interest to the public and health care professionals alike. This session will review some of the issues and opportunities that clinicians working in palliative care will face regarding this controversial topic.

11:00 – 12:30

**CHOICE OF SPECIAL SEMINARS (A01 or A02) OR CONCURRENT WORKSHOPS (A03 – A12)**

**A01**

**SPECIAL SEMINAR: FUNDAMENTALS OF PALLIATIVE CARE NURSING**

(Part 1 – see box on page 15)

**A02**

**SPECIAL SEMINAR: PHARMACOTHERAPY AND PALLIATIVE CARE**

(Part 1 – see box on page 16)

**A03**

**PROFFERED PAPERS – PEDIATRIC PALLIATIVE CARE**

A series of 15-minute presentations, each followed by a 5-minute question period

**A) A Complex Palliative Care Journey: A Qualitative Investigation of the Death of One Twin in the Perinatal Period**

Sarah Meaney¹, Paul Corcoran¹, Keelin O'Donoghue²

1. National Perinatal Epidemiology Centre, University College Cork, Cork, Ireland
2. University College Cork, Cork, Ireland

**B) The Spiritual Challenge of Perinatal Bereavement**

Daniel Nuzum¹,², Sarah Meaney³, Keelin O’Donoghue¹,²

1. University College Cork, Cork, Ireland
2. Cork University Maternity Hospital, Cork, Ireland
3. National Perinatal Epidemiology Centre, University College Cork, Cork, Ireland

**C) Only You Would Know: Bereaved Parent Volunteers Offering Support to Recently Bereaved Parents**

Lori Malazich¹, Carol May¹, Scott Maurer¹,²

1. Children’s Hospital of Pittsburgh of UPMC, Pittsburgh, PA, United States
2. University of Pittsburgh, Pittsburgh, PA, United States

**D) The End-of-Life Spiritual Care Service Package in the Newborn Intensive Care Unit(s)**

Marzieh Hasanpour¹, Narges Sadeghi², Mohamad Heidarzadeh³,⁴

1. Tehran University of Medical Sciences, Tehran, Iran
2. Islamic Azad University, Isfahan, Iran
3. Tabriz University of Medical Sciences, Tabriz, Iran
4. Ministry of Health, Treatment and Medical Education, Tehran, Iran
A04  A) When the Personal Meets the Professional and How Music Can Help
Viv Lucas¹, Bob Heath¹, ²
1. Garden House Hospice, Letchworth Garden City, Hertfordshire, United Kingdom
2. Maggie’s Centre, Cheltenham, Gloucestershire, United Kingdom

A palliative care physician works with a music therapist to explore the use of creative
song writing in supporting the care of patients and those that care for them.

B) Awakening Empathy: Using Sociodrama in Communication Training
Katie Neuendorf, Flannery Fielding, Center for Excellence in Healthcare
Communication, Cleveland Clinic, Cleveland, OH, United States

This workshop allows participants to deepen their empathetic perspective while
practicing sociodrama skills, such as doubling and role-reversal. A comprehensive
debrief will highlight the rationale for these methods in communication skills training.

A05  A) How Do We Keep Volunteers Smiling?
Exploring Supportive Strategies for the Palliative Care Team
Patrick Durivage¹, Anna Feindel², Zelda Freitas¹,², Isabelle Van Pevenage¹, members of
the Council on Palliative Care²
1. CREGES, CIUSSSS Centre-Ouest-de-l’Île-de-Montréal, Montréal, QC, Canada
2. Conseil des soins palliatifs, Université McGill, Montréal, QC, Canada

This workshop is intended for volunteers, coordinators and interdisciplinary teams.
In subgroups, participants will exchange on issues related to the management of
volunteers: recruitment, selection, training, supervision, evaluation and retention.
A self-care exercise will conclude this workshop.

B) Dying Is Social: Lessons from the Volunteers in the Pallium India Model
Grace Taylor³, Ann Broderick², Joann Eland², MR Rajagopal¹
1. Pallium India, Thiruvananthapuram, Kerala, India 2. University of Iowa, Iowa City, IA, United
States 3. Harvard University, Cambridge, MA, United States

Pallium volunteers provide a social framework for patients and providers, sometimes
performing tasks of nurses or social workers. Can this model bring dying from an in-
stitutional to a social context?

A06  PROFFERED PAPERS – EDUCATION
Three 20-minute presentations, each followed by a 10-minute question period

A) Memorable Learning and Professional Identity Formation in Palliative
Care: A Study of Canadian Family Medicine Residents
Frances Kilbertus¹, Rola Ajjawi², Douglas Archibald³
1. Northern Ontario School of Medicine, Thunder Bay, ON, Canada
2. University of Dundee, Dundee, Scotland 3. University of Ottawa, Ottawa, ON, Canada

B) New Directions in Communication Skills Training for Palliative Care
Fellow-Physicians
Stéfanie Gingras¹, Christopher J. MacKinnon¹,², Sonia Skamene¹
1. McGill University Health Center, Montréal, QC, Canada
2. McGill University, Montréal, QC, Canada

C) Towards Skilled Feedback on Challenging Conversations –
A Simulation-Based Faculty Workshop
Amanda Roze des Ordons¹, Jonathan Gaudet¹, Adam Cheng¹, James Downar²
1. University of Calgary, Calgary, AB, Canada
2. University of Toronto, Toronto, ON, Canada
A07  A) Using a Social Determinants of Health (SDOH) Approach in the Provision of Palliative Care
Blair Henry1,2, Naheed Dosani3,4,5, Lise Huynh1
1. Sunnybrook Health Sciences, Toronto, ON, Canada 2. University of Toronto, Toronto, ON, Canada 3. William Osler Health System, Brampton, ON, Canada 4. Palliative Education and Care for the Homeless, Toronto, ON, Canada 5. McMaster University, Hamilton, ON, Canada

Underserved populations experience a disproportionate decrease in access to all health resources in spite of poorer health outcomes and some would argue, higher need. Enhanced education and understanding of the impact that social determinant of health can have on access needs to be addressed. This workshop aims to identify the impact SDOH have on palliative care services itself and to introduce an assessment tool, designed specifically with palliative care in mind, to assist clinicians in proactively assessing barriers and biases and providing patients with resources for self-advocacy and support.

B) Goals of Care and Advance Care Planning Initiative in the Cancer Care Setting
Louise Hanvey1, Savanah Ashton1, Ruth Barker2, Mireille Lecours3, Tara Carpenter-Kellett4, Christine Power5, Robin Urquhart6
1. Canadian Hospice Palliative Care Association, Ottawa, ON, Canada 2. Canadian Partnership Against Cancer, Toronto, ON, Canada 3. Health PEI, Charlottetown, PEI, Canada 4. Cancer Care Manitoba, Winnipeg, MB, Canada 5. Eastern Health, St John’s, NL, Canada 6. Cancer Care Nova Scotia, Halifax, NS, Canada

This workshop will explore the work of a new partnership between the Canadian Partnership Against Cancer, the Canadian Hospice Palliative Care Association and four provinces in Canada – Manitoba, Prince Edward Island, Newfoundland and Labrador and Nova Scotia – in launching goals of care and advance care planning policies and programs.

A08  PROFFERED PAPERS – COMMUNICATION
A series of 15-minute presentations, each followed by a 5-minute question period

A) Professional Nursing Boundaries: When Therapeutic Care Is in Question
Rose DeAngelis, The West Island Palliative Care Residence, Kirkland, QC, Canada

B) Exploring Communication at the End of Life
Laura Lewis1, Eunice Gorman1, Andrew Feron2
1. King’s University College, London, ON, Canada 2. Parkwood Hospital, London, ON, Canada

C) Attitudes of Cancer Patients and Families Toward Advanced Directives
Hui-ping Chen1, Jin-xiang Li1, Yujiang2, Chuan Zhang1, Fan Zhang1, Lan Huang1, Wei Peng1
1. West China Fourth Hospital of Sichuan University, Chengdu, Sichuan, China 2. West China Hospital of Sichuan University, Chengdu, Sichuan, China

D) Perceptions of Palliative Care in Advanced Cancer: Do They Influence Receipt of Quality End-of-Life Care?
Anna Collins1,2, Sue-Anne McLachlan3, Jennifer Philip1,2
1. Centre for Palliative Care, St Vincent’s Hospital Melbourne, Melbourne, VIC, Australia 2. University of Melbourne, Melbourne, VIC, Australia 3. St Vincent’s Hospital Melbourne, Melbourne, VIC, Australia
PROFFERED PAPERS – TECHNOLOGY SUPPORTING CULTURALLY RESPECTFUL CARE

A) LivingMyCulture.ca: New Online Tool to Support Culturally Safe Care
Shane Sinclair\textsuperscript{1,2}, Glen Horst\textsuperscript{1} Mei Lan Fang\textsuperscript{2}, Romayne Gallagher\textsuperscript{1,6}, Judith Sixsmith\textsuperscript{4,7}, Kelli Stajduhar\textsuperscript{1}, Karen Courtney\textsuperscript{1}, Shelly Cory\textsuperscript{1}, Bejoy Thomas\textsuperscript{3}, Vivian Collacutt\textsuperscript{5}, Sandy Kwong\textsuperscript{6}, Ingrid See\textsuperscript{10}, Sheryl Reimer-Kirkham\textsuperscript{9}

B) Indigenous Voices: New Online Tools to Enhance Competencies for Providing Culturally Safe Care
Shelly Cory\textsuperscript{1,2}, Kali Leary\textsuperscript{2}, Brenda Hearson\textsuperscript{1}, Carrie Bourassa\textsuperscript{2}, Elder Betty McKenna\textsuperscript{1,3}, Verna Fruch\textsuperscript{5}, Lori Monture\textsuperscript{6}, Mary Lou Kelley\textsuperscript{7}, Jeroline Smith\textsuperscript{8}, Sherol Kohoko\textsuperscript{9}, Audrey Logan\textsuperscript{8}, Donna Loft\textsuperscript{10}, Phillippa Martee\textsuperscript{9}, Laurie Nicholas\textsuperscript{4}

C) Offering ‘High-Tech, High Touch’ Culturally Respectful Care: A Pilot Telepalliative Care Project in Rural Alaska
Christopher Piromalli\textsuperscript{1}, Stacy Kelley\textsuperscript{2}, Matthew Olnes\textsuperscript{2}, Christine DeCourtney\textsuperscript{2}
1. Alaska Native Medical Center, Anchorage, AK, United States 2. Alaska Native Tribal Health Consortium, Anchorage, AK, United States

PROFFERED PAPERS – HOME CARE

A) A Good Enough Death?
Roderick MacLeod\textsuperscript{1,2}, Cheryl Johnson\textsuperscript{1}, Victoria Coates\textsuperscript{1}, Gretel Kemp\textsuperscript{1}
1. HammondCare, Sydney, NSW, Australia 2. University of Sydney, Sydney, NSW, Australia

B) Navigating Conflicting Values in Palliative Home Care
Susan McClement\textsuperscript{1,2}, Marie Edwards\textsuperscript{1}, Elizabeth Peter\textsuperscript{3}, Kerstin Roger\textsuperscript{1}
1. University of Manitoba, Winnipeg, MB, Canada 2. Manitoba Palliative Care Research Unit, Winnipeg, MB, Canada 3. University of Toronto, Toronto, ON, Canada

C) A Palliative Care Home Support Program in New South Wales (NSW), Australia – Design and Evaluation
Roslyn Poulos\textsuperscript{2}, Roderick MacLeod\textsuperscript{1,3}, Damian Harkin\textsuperscript{1} Andrew Cole\textsuperscript{12}, Christopher Poulos\textsuperscript{1,2}
1. HammondCare, Sydney, NSW, Australia 2. University of New South Wales, Sydney, NSW, Australia 3. University of Sydney, Sydney, NSW, Australia

D) Better Access to Palliative Care: The Australian Hospice@HOME Program with Global Implications
Fiona Onslow, Kim Macgowan, Emma Curnin, Hobart District Nursing Service Inc., Moonah, Tasmania, Australia
PROFFERED PAPERS – ADVANCE CARE PLANNING
A series of 15-minute presentations, each followed by a 5-minute question period

A) Swe-ACP: Developing and Testing Tools for Structured Conversations About Values and Priorities for Future End-of-Life Care
Olav Lindqvist1,2, Carol Tishelman1,3, Malin Henriksson1,4
1. Karolinska Institutet, Stockholm, Sweden 2. Umeå University, Umeå, Sweden
3. Karolinska University Hospital, Stockholm, Sweden 4. Luleå University, Luleå, Sweden

B) From Knowledge-to-Action: A Synthesis of Barriers and Facilitators to Advance Care Planning Policy Implementation Across a Healthcare System
Jessica Simon1, Marta Shaw1, Patricia Biondo1, Jayna Holroyd-Leduc1, Sara Davison2, Eric Wasylenko1, Sunita Ghosh2, Jonathan Howlett1, Lauren Hutchinson3, Reanne Booker3, Nancy Marlett1, Shelley Raffin1, Konrad Fassbendar2, Neil Hagen1
1. University of Calgary, Calgary, AB, Canada 2. University of Alberta, Edmonton, AB, Canada
3. Alberta Health Services, AB, Canada

C) Identification of Indicators to Monitor Successful Implementation of Advance Care Planning Policies in Alberta: A Delphi Study
Konrad Fassbendar1, Jayna Holroyd-Leduc1, Patricia Biondo3, Malcena Stalker2, Alex Potapov2, Eric Wasylenko1, Max Jajszczok1, Jessica Simon3, Neil Hagen3
1. Covenant Health Palliative Institute, Edmonton, AB, Canada 2. University of Alberta, Edmonton, AB, Canada 3. University of Calgary, Calgary, AB, Canada 4. Alberta Health Services, Calgary, AB, Canada

D) Project to Improve Quality of Death and Dying for Patients in a University Hospital
Juli Moran, Sarah Charlton, Daryl Jones, Austin Health, Heidelberg, VIC, Australia

PRÉSENTATIONS COURTES – SOINS PALLIATIFS AU CONGO
Une série d’exposés de 15 minutes suivis d’une période de questions de 5 minutes.

A) La valeur probante d’un testament oral du patient en soins palliatifs après sa mort, réalités à Kinshasa
Jean Sampert Makassi Kitapindu-Kimweti, ASBL Palliafamilli, Kinshasa, Kinshasa, RD Congo

B) Soins palliatifs chez les Personnes Vivants avec le VIH(PVV) en situation pénitentiaire, nécessite d’une formation professionnelle. Point de vue d’un juriste conglolais
Alain Kabemba Mbaya, Damas Kasonga Kananga, Pallia Familli, Barreau de Kinshasa, Gombe, Kinshasa, RD Congo

C) RDC: les soins palliatifs, une dynamique communautaire
René Lukoji Kalonji, Pallia Familli, Barreau de Kinshasa, Gombe, Kinshasa, RD Congo

D) Expérience de la clinique psy dans la prise en charge des patients palliatifs à Kinshasa
Etienne Yuma1,2,3,4, Jean-Claude Mukanzo4, Augustin Mamba4, Timothée Kamanga4
Wednesday, October 19, 2016

12:30 – 14:00  LUNCH BREAK
OPTIONAL NETWORKING LUNCH (See web site for details)

12:40 – 13:50  Dramatic Reading of Sophocles’ Philoctetes
L02
The New York theatrical company Outside the Wire presents a reading of the ancient Greek play Sophocles’ Philoctetes as a catalyst for town hall discussions about the challenges faced by communities, patients, caregivers, and medical professionals who work in the fields of palliative care, hospice, geriatrics, and nursing. The selected scenes from the play present emotionally charged, ethically complex situations involving suffering patients and conflicted caregivers providing an ancient perspective on contemporary medical issues.

The reading will be followed by a discussion.

Discussants: Suzanne O’Brien, Hope & Cope, Jewish General Hospital, Montréal, Balfour Mount, Professor Emeritus in Palliative Medicine, McGill University, Montréal

Sponsored by Hope & Cope and Palliative Care McGill

13:00 – 13:50  STUDENT FORUM: Negotiating a ‘Good Enough’ Death in Acute Care
L03
Contexts: Implications for Students in Palliative Care
Marian Krawczyk, Centre for Health Evaluation and Outcome Sciences, St. Paul’s Hospital, Vancouver, BC, Canada

This Forum will review research findings addressing the tensions between the real and ideal in acute palliative care provision and research. Focus will be placed on the needs and priorities of students who are engaging in graduate level research and in health care professional training programs in palliative care.

14:00 – 15:30  CHOICE OF SPECIAL SEMINARS (B01 or B02) OR CONCURRENT WORKSHOPS (B03 – B12)

B01  SPECIAL SEMINAR: FUNDAMENTALS OF PALLIATIVE CARE NURSING
(Part 2 – see box on page 16)

B02  SPECIAL SEMINAR: PHARMACOTHERAPY AND PALLIATIVE CARE
(Part 2 – see box on page 17)

B03  PROFFERED PAPERS – PEDIATRIC PALLIATIVE CARE
A series of 15-minute presentations, each followed by a 5-minute question period

A) ‘But Wait, There’s More!’ Courageous Parents Network (CPN), the Digital Ginsu Steak Knife of Pediatric Palliative Care
Patricia O’Malley,1,2,3, Blyth Lord
1. Harvard Medical School, Boston, MA, United States
2. Massachusetts General Hospital for Children, Boston, MA, United States
3. Courageous Parents Network, Newton, MA, United States

B) Tensions at the End of Life in Pediatrics: Actors, Causes, Coping Strategies and Remedies
Antoine Payot, Marie-Anne Archambault-Grenier, Marie-Hélène Roy-Gagnon, Nago Humbert, Sanja Stojanovic, Annie Janvier, Michel Duval, University of Montréal, Montréal, QC, Canada

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C) Maintaining Professional Boundaries: Lessons from “Best Practice” Health Care Providers
Betty Davies1,2, Rose Steele2, Guenther Krueger3, Susan Albersheim4, Harold Siden4, Susan Cadell5, Caron Strahlendorf4, Jennifer Baird6

D) What Do We Know About Pediatric Palliative Care Patients Who Consult the Emergency Department?
Nathalie Gaucher, Nago Humbert, France Gauvin, CHU Sainte-Justine, Montréal, QC, Canada

B04 Evidence-based Treatment of Breathlessness in Palliative Care
David Currow, Flinders University, Adelaide, Australia
Breathlessness is highly prevalent in palliative care. The evidence base to treat it continues to develop. This workshop will consider the pharmacological and health services interventions that are demonstrating benefits for patients.

B05 A) Enhancing Communication Skills in Palliative Care: Employing Carrots Rather Than Sticks
Elaine Stevens1, Elizabeth Clark2,3, Bridget Johnston4, Sharon Ruckley5
1. University of the West of Scotland, Paisley, Scotland 2. Montefiore Medical Center, Bronx, NY, United States 3. Albert Einstein College of Medicine Bronx, Bronx, NY, United States 4. University of Nottingham, Nottingham, England 5. Provincal Integrated Palliative Care Programme, Charlottetown, PEI, Canada
This interactive workshop will appeal to anyone interested in communication skills training. Facilitators will discuss issues that prevent the enhancement of communication skills before solutions to the challenges are offered.

B) New Frontiers in Communication Skills Education
Elizabeth Clark1,2, Elaine Stevens3, Bridget Johnston4, Marcos Montagnini5,6, Sharon Ruckley7
1. Montefiore Medical Center, Bronx, NY, United States 2. Albert Einstein College of Medicine, Bronx, NY, United States 3. University of West Scotland, Paisley, Scotland, United Kingdom 4. The University of Nottingham, Nottingham, United Kingdom 5. University of Michigan Medical School, Ann Arbor, MI, United States 6. VA Ann Arbor Healthcare System, Ann Arbor, MI, United States 7. Provincal Palliative Care Centre, Charlottetown, PEI, Canada
This workshop will present several innovative programs to teach palliative care communications skills that can be used with a range of learners in a variety of clinical settings

B06 PROFFERED PAPERS – CLINICAL ISSUES
Three 20-minute presentations, each followed by a 10-minute question period

A) The Transplant Palliative Care Clinic: An Early Palliative Care Model for Patients in a Transplant Program with Non-Malignant Disease
Kirsten Wentlandt1,2, Ebru Kaya1,2
1. University of Toronto, Toronto, ON, Canada 2. University Health Network, Toronto, ON, Canada
CONTINUES ON PAGE 24
B) The Prevalence and Intensity of People’s Physical Symptoms at the Time That Dying Was Diagnosed: A Prospective Cohort Study
Katherine Clark1,2, Alanna Connolly3, Sabina Clapham3, Karen Quinsey3, David Currow4

C) Symptomatology of Cancer Related Fatigue and impact on Quality of Life in Patients on Palliative Care in a Tertiary Cancer Institute: A Prospective Observational Study
Arunangshu Ghoshal, Anuja Damani, MaryAnn Muckaden, Tata Memorial Centre, Mumbai, India

B07
A) Applying Balint Work in Palliative Care
Rotem Tellem1, Jeffrey L. Sternlieb2, Nicky Quinlan3
1. Tel Aviv Medical Center, Tel Aviv, Israel 2. Lehigh Valley Health Network, PA, United States 3. On Lok Lifeways PACE, San Jose, CA, United States

Balint is a unique reflective method focused on the relationship between providers and patients. The workshop explores its concepts, allows firsthand Balint experience and describes Balint implementation in palliative care.

B) Building the Future of Palliative Care: Mentoring Our People
Donna S. Zhukovsky1, Eduardo Bruera1, MR Rajagopal2,3,4, Gary Rodin5,6
1. The University of Texas MD Anderson Cancer Center, Houston, TX, United States 2. Trivandrum Institute of Palliative Sciences, Kerala, India 3. WHO Collaborating Centre for Training and Policy on Access to Pain Relief, Kerala, India 4. Arumanan Hospital, Kerala, India 5. University of Toronto, Toronto, ON, Canada 6. Princess Margaret Cancer Centre, Toronto, ON, Canada

By the end of the session, it is anticipated that participants of diverse backgrounds and experience will have an improved understanding of the role that mentorship can play in professional development, ways to access local and distant mentors and how to mutually benefit from mentor-mentee relationship.

B08
PROFFERED PAPERS – COMPASSIONATE COMMUNITIES
Three 20-minute presentations, each followed by a 10-minute question period

A) Jump on the Bus! Palliative Care Is “Everyone’s Business”
Denise Marshall1,2, Kathy Kortes-Miller1, José Pereira1, Srini Chary1, Kathryn Downer1
1. Pallium Canada, Ottawa, ON, Canada 2. McMaster University, Hamilton, ON, Canada

B) Going Public: Integrating Palliative Care, Health Promotion and Public Health in Sweden Through the DoBra Research Program
Carol Tishelman1, Olav Lindqvist1,2
1. Karolinska Institutet, Stockholm, Sweden 2. Karolinska University Hospital, Stockholm, Sweden

C) Compassionate Communities: How Do We Get There?
Eman Hassan1, Terry Webber1, Doris Barwich1,2
1. BC Centre for Palliative Care, New Westminster, BC, Canada 2. University of British Columbia, Vancouver, BC, Canada
Wednesday, October 19, 2016

B09 PROFFERED PAPERS – SPIRITUALITY
A series of 15-minute presentations, each followed by a 5-minute question period

A) Sacred Stories and Human Suffering: A Palliative Approach to Chaplaincy
Aaron Klink, Pruitt Hospice, Durham, NC, United States

B) Mobilizing the Gaelic Mindfulness of John O’Donohue for Presence in Palliative Care Practice
Sheryl Shermak, University of Victoria, Victoria; Island Health, Port Alberni, BC, Canada

C) Gaelic Rituals Around Death and Dying - The Concept of ‘Home’
Mark Sheridan1, Maria McGill2, Mark Hazelwood3
1. University of the Highlands and Islands, Inverness, Scotland, United Kingdom
2. Childrens Hospice Association Scotland, Edinburgh, Scotland, United Kingdom
3. Scottish Partnership for Palliative Care, Edinburgh, Scotland, United Kingdom

B10 PROFFERED PAPERS – FAMILY CAREGIVERS
A series of 15-minute presentations, each followed by a 5-minute question period

A) Primary Caregivers’ Experiences of Caring for Patients Under Hospice Care at Home
Jacek Soroka, Mayo Clinic Health System, Mankato, MN, United States and International Observatory on End of Life Care, Lancaster University, Lancaster, United Kingdom

B) The Moral Ambivalence of Informal Care for the Dying: Qualitative Study of Carers’ Experiences at the End of Life
Alex Broom, University of New South Wales, Sydney, Australia

C) Why Not Ask the Experts? Family Caregivers’ Experiences of Providing Palliative and End-of-Life Care
Lisa Williams, Tess-Moeke Maxwell, Stella Black, Gabriella Trussardi, Janine Wiles, Merryn Gott, Ngaire Kerse, University of Auckland, Auckland, New Zealand

D) Current and Bereaved Caregiver Perceptions of a Psychoeducation Program
Pamela Durepos1,5,6, Sharon Kaasalainen1, Sandra Carroll2,3, Alexandra Papanoannou1,4
1. McMaster University, Hamilton, ON, Canada 2. Hamilton Health Sciences Corporation, Hamilton, ON, Canada 3. Population Health Research Institute, Hamilton Health Sciences Corporation, Hamilton, ON, Canada 4. GERSA Centre, Hamilton Health Sciences / St Peter’s Hospital, Hamilton, ON, Canada 5. Technology Evaluation in the Elderly Network, Kingston, ON, Canada 6. Shalom Village Nursing Home, Hamilton, ON, Canada

B11 PROFFERED PAPERS – RESEARCH METHODS
Three 20-minute presentations, each followed by a 10-minute question period

A) Development of an instrument to Assess Psycho-social Spiritual Healing: The NIH HEALS
Ann Berger, Donetta Hendricks Sloan, National Institutes of Health, Bethesda, MD, United States

B) So an Anthropologist Walks into a Palliative Care Unit...
Marian Krawczyk, Centre for Health Evaluation and Outcome Sciences, Vancouver, BC, Canada; Trinity Western University, Langley, BC, Canada; Technology Evaluation in the Elderly Network, Kingston, ON, Canada

C) Introduction to Rasch Measurement Methodology
Bruno Gagnon1,2,3, Giovanni G. Arcuri1,5, Amel Baghdadi1,3
1. Centre de recherche clinique et évaluative en oncologie, Québec, QC, Canada
2. Centre de recherche sur le cancer, Québec, QC, Canada 3. Laval University, Québec, QC, Canada 4. Royal Victoria Hospital, McGill University Health Centre, Montréal, QC, Canada 5. McGill University, Montréal, QC Canada
ATELIER ET PRÉSENTATIONS COURTES – LA FIN DE VIE

Un atelier de 45 minutes, et deux exposés de 15 minutes, chacun suivi d’une période de questions de 5 minutes.

A) La physiologie de la fin de vie
Patrick Vinay, professeur émérite, Université de Montréal, Montréal, QC, Canada

Les changements physiologiques en fin de vie causent :
1. Une déplétion en NO dans l’air inspiré, réduisant l’adaptation aux obstructions intra-bronchioïliaires.
2. Une hypoalbuminémie réduisant la production métabolique de CO₂ avec des pauses respiratoires.
3. Une sécrétion accrue d’ADH exagérant les douleurs tumorales.
4. Une baisse des endorphines imposant un apport accru d’opioïdes pour supprimer la douleur croissante du malade.

B) Survie des patients atteints de cancers solides incurables : validation externe prospective d’un score pronostique
Delphine Prénat-Molimard¹, Anne Perroziello¹, Charles Joussellin¹, Benoit Molimard², Bénédicte De Corbière³
1. CHU Bichat, Paris, France 2. Hôpital d'instruction des armées Bégin, St Mandé, France.
3. CHU Beaujon, Clichy, France.

C) Participation des proches aux toilettes mortuaires : analyse des pratiques dans 2 USP
Marion Broucke¹, Bernard Devalois¹², Johann Chatain¹², Martine Trouillet²
1. CHU Paris Sud, site Paul Brousse, Villejuif, France
2. CHU René Dubos, Pontoise, France

15:30 – 16:00 BREAK

16:00 – 17:00 CHOICE OF SPECIAL SEMINARS (C01 or C02) OR CONCURRENT WORKSHOPS (C03 – C12)

C01 SPECIAL SEMINAR: FUNDAMENTALS OF PALLIATIVE CARE NURSING
(Part 3 – see box on page 16)

C02 SPECIAL SEMINAR: PHARMACOTHERAPY AND PALLIATIVE CARE
(Part 3 – see box on page 17)

C03 Improving Respiratory Symptoms in Children with Severe Neurological Impairment: Beyond Anticholinergics and Morphine
Julie Hauer, Shih-Ning Liaw, Boston Children’s Hospital, Boston, MA, United States

This session will highlight triggers for respiratory symptoms that are unique to individuals with neurological impairment (e.g. muscle spasms, dysautonomia, overfeeding). Strategies to manage this frequent symptom will be reviewed.

C04 Transforming Moral Distress into Moral Resilience
Cynda Rushton, Johns Hopkins University, Baltimore, MD, United States

Moral distress is a pervasive experience of clinicians caring for people with life-threatening conditions. The literature is replete with evidence of the incidence and source of moral distress with fewer methods for mitigating the detrimental effects. This session will explore the background of moral distress and offer a promising method for cultivating moral resilience in response to the inevitable moral distress clinicians confront. A conceptual model and methods for building moral resilience will be discussed.
Figurative languages are central to all attempts at communicating unpleasant sensations to oneself as well as to others. Pain-talk is swollen with metaphor, simile, metonym, and analogy. Why are such linguistic devices so crucial to painful experiences? Can the exploration of the figurative or metaphorical languages of pain enable us to speculate on what pain “actually feels like”?

**PROFFERED PAPERS – ARTS & HUMANITIES**

A series of 15-minute presentations, each followed by a 5-minute question period

A) Integrating Arts Into Palliative Care: Reshaping Maslow’s Pyramid
Patricia Repar, Lisa Marr, University of New Mexico, Albuquerque, NM, United States

B) Examining Lived Experiences of Singing in a Bereavement Support Music Therapy Group
Laurel Young¹, Adrienne Pringle²
1. Concordia University, Montréal, QC, Canada 2. Carpenter Hospice, Burlington, ON, Canada

C) The Effects of Music Therapy Interventions on Symptom Management in Palliative Medicine Patients
Lisa Gallagher¹,², Ruth Lagman²
1. Cleveland Clinic Arts and Medicine Institute, Cleveland, OH, United States 2. Cleveland Clinic Taussig Cancer Institute, Cleveland, OH, United States

**PROFFERED PAPERS – PALLIATIVE CARE IN DEVELOPING COUNTRIES**

A series of 15-minute presentations, each followed by a 5-minute question period

A) Palliative Care in Post Complex Humanitarian Crisis: Experiences from Rwanda Post-Genocide Society
Christian Ntizimira¹, Magnus Gasana³, Olive Mukeshimana², Scholastique Ngizwenayo²
1. Rwanda Palliative Care and Hospice Organisation, Kigali, Rwanda 2. Kibagabaga Hospital, Kigali, Rwanda 3. University Teaching Hospital (CHUK), Kigali, Rwanda

B) The 2015 Quality of Death Index – Why We Rank Second Last?
Rumana Dowla, Bangladesh Palliative and Supportive Care Foundation and United Hospital, Dhaka, Bangladesh

C) Integrating Palliative Care in Health System in Developing Countries: Case (Example) of Rwanda
Diane Mukasahaha, Marie Aimee Muhimpundu, Jean Claude Tayari, Rwanda Biomedical Center, Ministry of Health, Kigali, Rwanda

**PROFFERED PAPERS – CLINICAL ISSUES**

A series of 15-minute presentations, each followed by a 5-minute question period

A) A Pilot Study of a MEDication RATionalization (MERA) Intervention
Rachel Whitty¹,², Ellen Koo¹, Sandra Porter¹, Kiran Battu¹, Csilla Kalocsai³, Pranjal Bhatt², Kendra Delicat¹, Gary Wong¹,², Robert Wu¹,², Isaac Bogoch¹,², James Downar¹,²
1. University Health Network, Toronto, ON, Canada 2. University of Toronto, Toronto, ON, Canada 3. Sunnybrook Research Institute, Toronto, ON, Canada

B) Psychotropic and Narcotic Drug Use in Older Women Diagnosed with Breast Cancer Across the Cancer Care Trajectory
Sue-Ling Chang¹, Ania Syrowatka¹, Nancy Mayo¹, Robyn Tamblyn¹, Ari Meguerditchian¹,²
1. McGill University, Montréal, QC, Canada 2. McGill University Health Centre, Montréal, QC, Canada

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C) Decision-Making of Treatment In Advanced Lung Cancer: Results from the First Three Stages of the PACT Study (An Intervention to Support Advanced Lung Cancer Patients and Their Clinicians When Considering Systemic Anti-Cancer Therapy)
Despina Anagnostou1, Anthony Byrne1, Stephanie Sivell1, Catherine Sampson1, Simon Noble1, Jason Lester2, Annmarie Nelson1
1. Cardiff University, Cardiff, United Kingdom
2. Velindre Hospital, Velindre NHS Trust, Cardiff, United Kingdom

PROFFERED PAPERS – COMMUNICATION / HOPE
A series of 15-minute presentations, each followed by a 5-minute question period

A) Language and Its Implications: How Do We Introduce Palliative Care to Patients with Advanced Cancer?
Jennifer Philip, Anna Collins, Centre for Palliative Care, St Vincent’s Hospital, and University of Melbourne, VIC, Australia

B) “This is kind of like the last hope”: Caregivers’ Experience in Decision-Making When Palliative Cancer Patients Are Enrolled in Phase 1 Clinical Trials
Naomi Kogan1, Michelle Dumas2, S. Robin Cohen3
1. Sir Mortimer B. Davis Jewish General Hospital, Montréal, QC, Canada
2. Independent Researcher, Montréal, QC, Canada
3. Lady Davis Institute, Sir Mortimer B. Davis Jewish General Hospital, Montréal, QC, Canada

C) Embodying Ambiguous Spaces of Living <=> Dying: Everyday Life with Metastatic Breast Cancer as a Chronic Health Condition
Sheryl Shermak, University of Victoria, Victoria, BC, Canada.

PROFFERED PAPERS – WHOLE PERSON CARE
Two 20-minute presentations, each followed by a 10-minute question period

A) Towards a Global and Culturally Sensitive Understanding of Spiritual Care: An International Study of Patients’ and Family Members’ Views and Experiences of Spiritual Care Across 9 Countries
Lucy Ellen Selman1, Shane Sinclair2, Ikali Karvinnen3, Mieke Vermandere4, Myra Glajchen5, Christina Puchalski6, Nancy Gikaara7, Joy Hunter8, Richard A. Powell9, Ewa Deskur10, Jinsun (Sr. Juliana) Yong11, On behalf of the InSpirit Collaborative
1. King’s College London, Cicely Saunders Institute, London, United Kingdom
2. University of Calgary, Calgary, AB, Canada
3. Diaconia University of Applied Sciences, Helsinki, Finland
4. KU Leuven, Leuven, Belgium
5. MJHS Hospice and Palliative Care, New York, NY, United States
6. The George Washington University, Washington, DC, United States
7. Nairobi Hospice, Nairobi, Kenya
8. University of Cape Town, Cape Town, South Africa
9. MWAPO Health Development Group, Nairobi, Kenya
10. Poznan University of Medical Sciences, Poznan, Poland
11. The Catholic University of Korea, Seoul, Republic of Korea

B) Compassionate Care: Bridging the Gap Between Theory and Practice
Shane Sinclair1, Thomas F. Hack2, Susan McClement2, Shelley Raffin-Bouchal3
1. University of Calgary, Calgary, AB, Canada
2. University of Manitoba, Winnipeg, MB, Canada
**PRÉSENTATIONS COURTES – LA SOUFFRANCE PSYCHOLOGIQUE**

Deux exposés de 20 minutes chacun suivi d’une période de questions de 10 minutes.

**A) Les défis de la souffrance existentielle à l’ère de l’aide médicale à mourir : la prévenir, la reconnaître, la prendre en charge**

Marie-Christine Carrier¹, Andréanne Côté¹ ²

1. Université de Montréal, Montréal, QC, Canada
2. Centre Hospitalier de l’Université de Montréal, Montréal, QC, Canada

**B) Mieux comprendre la souffrance psychologique des hommes âgés atteints d’un cancer incurable : le point de vue des intervenants**

Valérie Bourgeois-Guérin¹, Antonin Marquis¹, Rock-André Blondin¹, Isabelle Van Pevenage², Patrick Durivage²

1. Université du Québec à Montréal, Montréal, QC, Canada
2. C.S.S.S. Cavendish, Montréal, QC, Canada
3. Université de Montréal, Montréal, QC, Canada

**Le «stabat femina» en soins palliatifs**

Luce Des Aulniers, Marie Lefebvre, Université du Québec à Montréal, Montréal, QC, Canada

*Stabat*: se tenir, tenir bon, ensemble et avec, fondement de toute institution. Au sein du mouvement des soins palliatifs, comment le féminin - par quelques figures méconnues - contribue-t-il au principe «institution», dans le devenir même des sociétés? Exposé accompagné de la prestation d’une artiste du corps, suivi de discussion.

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**Wednesday, October 19, 2016**

**17:00 – 18:30 DEDICATED POSTER SESSION**

A special time slot dedicated to viewing the posters and meeting the authors

**17:15 – 17:55 MEMORIAL SERVICE** – see page 6
Thursday, October 20, 2016

07:00 – 08:00  **Self-Care Activities**

07:45 – 08:45  **RESEARCH FORUM**

**RF2**

*Chair:* Robin Cohen, *McGill University, Montréal, QC, Canada*

*Discussant:* Kenneth Pituch, *University of Michigan Medical School, Ann Arbor, MI, United States*

**A) Predictors of Place of Death in Children Who Died After Discharge from Paediatric Intensive Care Units in England and Wales**

Lorna Fraser¹, Sarah Fleming², Roger Parslow²

1. University of York, York, United Kingdom
2. University of Leeds, Leeds, United Kingdom

**B) Predictors of and Trends in High-Intensity End-of-Life Care Among Children with Cancer: A Population-Based Study Using Health Services Data**

Sumit Gupta¹23, Rinku Sutradhar², Adam Rapoport¹, Jason Pole⁴, Alisha Kassam⁵, Craig Earle², Joanne Wolfe⁶, Kimberley Widger¹3

1. Hospital for Sick Children, Toronto, ON, Canada 2. Institute for Clinical and Evaluative Sciences, Toronto, ON, Canada 3. University of Toronto, Toronto, ON, Canada 4. Pediatric Oncology Group of Ontario, Toronto, ON, Canada 5. Southlake Regional Health Centre, Newmarket, ON, Canada 6. Dana-Farber Cancer Institute, Boston, MA, United State

**C) Barriers to Accessing Palliative Care for Structurally Vulnerable Populations**

Kelli Stajduhar¹, Ashley Mollison¹, Ryan McNeil², Bernadette Pauly¹, Bruce Wallace¹, Sheryl Reimer Kirkham¹, Naheed Dosani⁴⁵, Caelin Rose⁶⁸, Danica Gleave⁷⁸, Kristen Kvakic⁸⁹, Caite Meagher⁷⁸, Grey Showler⁷⁸, Taylor Teal¹, Carolyn Showler¹, Kelsey Rounds¹


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**World Hospice and Palliative Care Day - October 8, 2016**

*Join thousands of motivated citizens around the globe in promoting and celebrating World Hospice & Palliative Care Day!*  

Visit [www.worldday.org](http://www.worldday.org) to see what is being organized internationally and to download ideas for action in your own communities.
Thursday, October 20, 2016

09:00 – 10:30 PLENARY

**PL2 REFLECTIONS ON GRIEF AND DIGNITY**

Chair: Bernard Lapointe, *Eric M. Flanders Chair in Palliative Medicine, McGill University, Montréal, QC, Canada*  
(Presentations will be given in French)

**GRIEF OPENS A PATH THAT THE LIFE WITHOUT SORROW DOES NOT KNOW**

*Johanne de Montigny, Psychologist, Montréal, QC, Canada*

The way we relate to others, our ability to live healthfully through the periods of solitude that separations inevitably impose, reflect a psychological aplomb that is particularly useful and beneficial when the time comes to say goodbye. In what way can the death of “the Other” influence the significance of our own?

**DIGNITY**

*Éric Fiat, Deputy Director, Laboratoire Interdisciplinaire d’étude du politique / Hannah Arendt, Université de Paris-Est Marne-la-Vallée, France*

Eric Fiat is a philosopher, university professor and member of France’s National Observatory on End-of-Life Care; his ethical considerations focus on end-of-life practices and the dignity of the human being. A concept that is at once fashionable and vague, dignity is often manipulated to justify anything and everything. Misused, the term causes confusion, a confusion that Éric Fiat is attempting to dispel by restoring its true “vocation”, its true meaning.

10:30 – 11:00 BREAK

At 11:00 participants may attend either the Special Seminar “New Trends in Bereavement Research and Supportive Practice” (D01, E01) which continues until 15:30; or choose from a selection of workshops at 11:00 (D02-D12), and at 14:00 (E02-E12).

11:00 – 15:30 SPECIAL SEMINAR

**D01/E01 NEW TRENDS IN BEREAVEMENT RESEARCH AND SUPPORTIVE PRACTICE**

**Organizers and Co-Chairs: Christopher MacKinnon, Psychologist, Palliative Care, McGill University Health Centre, Montréal, QC, Canada and Johanne de Montigny, Psychologist, Montréal, QC, Canada**

Sponsored by Le repos Saint-François d’Assise

**This seminar brings together leading voices in the field of death studies, highlighting original grief research as well as discussing innovative support programs for those in bereavement**

**WORKSHOP / PROFFERED PAPER**

**A) Supportive and Therapeutic Group Services for the Bereaved: Empirical Findings and Future Directions**

*Jason Holland, Assistant Professor, William James College, Newton, MA, United States*

Groups for the bereaved, whether led by professional or lay counselors, are ubiquitous. However, evidence supporting their efficacy is limited. This presentation focuses on strategies for facilitating an effective grief group that is informed by the existing empirical literature.

CONTINUES ON PAGE 32
B) The Canadian Virtual Hospice Loss and Grief Interactive Tool for Patients and Families
Shelly Cory1, Harvey Chochinov1,7, Christopher James Mackinnon2,3, Fred Nelson1, Eunice Gorman4, Darcy Harris4, Andrea Warnick5, Robert Neimeyer6, Bonnie Morris1, Sylvie Lalande1, Jacquie Dorge1, Nadine Gariepy-Fisk8, Susan Cadell9

14:00 – 15:30
WORKSHOP / PROFFERED PAPERS
E01

A) Diversity and Intensity of the Effects of Grief in France: A Groundbreaking Holistic Study (presented in French)
Tanguy Châtel1, Damien Le Guay1, Thierry Mathe2, Anne Tourres3
A groundbreaking quantitative and qualitative study conducted in France evaluates the multiple and holistic effects of grief: individual effects (physical, psychological, social, spiritual, professional) and community impacts (social, economic and public health costs, risks for business…).

B) Complexities in Grieving After a Palliative or Coronial Death: Preliminary Findings of a Longitudinal Study
Jane Mowll1, Christine Sanderson1,2, Rod Macleod3, Matra Robertson3, Lawrence Lam4, Elisabeth Lobb1,2
1. University of Notre Dame, Kogarah, NSW, Australia 2. Calvary Health Care, Kogarah, NSW, Australia 3. HammondCare, Sydney, NSW, Australia 4. University of Technology, Sydney, NSW, Australia

C) Developing an Intensive Care Unit Clinician-Led BEREAVEment Screening and Support Program for ICU Family Members (ICU BEREAVE)
Ellen Koo1, Csilla Kalocsai2, Tasnim Sinuff2, Amanda Roze des Ordon3, Orla Smith4, Deborah Cook2, Eyal Golan1, Sarah Hales1, Derek Strachan1, Christopher MacKinnon5, James Downar1
1. University Health Network, Toronto, ON, Canada 2. Sunnybrook Health Sciences Centre, Toronto, ON, Canada 3. University of Calgary, Calgary, AB, Canada 4. St. Michael’s Hospital, Toronto, ON, Canada 5. McMaster University, Hamilton, ON, Canada 6. McGill University, Montréal, QC, Canada
Thursday, October 20, 2016

11:00 – 12:30  CHOICE OF SPECIAL SEMINAR (D01)
OR CONCURRENT WORKSHOPS (D02 – D12)

**D01**

SPECIAL SEMINAR: NEW TRENDS IN BEREAVEMENT RESEARCH AND SUPPORTIVE PRACTICE

*Part 1 – see box on page 31*

**D02**

The Way Forward: A Roadmap for an Integrated Palliative Approach to Care
Sharon Baxter, Leanne Kitchen Clarke, Louise Hanvey, *Canadian Hospice Palliative Care Association, Ottawa, ON, Canada*

The Way Forward (TWF), a three year Canadian catalyst initiative for community-integrated hospice palliative care, launched a national framework to promote a palliative approach to care across all settings of care. TWF, the framework and the work of the advance care planning in Canada initiative will be highlighted and discussed.

**D03**

PROFFERED PAPERS – PEDIATRIC PALLIATIVE CARE

* A series of 15-minute presentations, each followed by a 5-minute question period

A) Incorporating Good Patient, Parent, and Provider Definitions to Improve Care Interactions and Psychosocial Outcomes for Children with Cancer, Their Families, and Their Care Teams
Meaghann Weaver¹, Tessie October², Pamela Hinds²
1. National Institutes of Health, Bethesda, MD, United States
2. Children’s National Health System, Washington, DC, United States

B) Decision-making in Pediatric Oncology: Prospective Survey Study with Parents and Physicians
Michael Rost¹, Tenzin Wangmo¹, Felix Niggli², Karin Hartmann³, Heinz Hengartner⁴, Marc Ansari⁵, Pierluigi Brazzola⁶, Johannes Rischewski⁷, Maja Beck-Popovic⁸, Thomas Kühne⁹, Bernice Elger¹
1. University of Basel, Basel, Switzerland 2. University of Zurich, Zurich, Switzerland 3. Cantonal Hospital, Aarau, Switzerland 4. Ostschweizer Kinderspital, St. Gallen, Switzerland 5. Geneva University Hospital, Geneva, Switzerland 6. Ospedale Regionale di Bellinzona e Vaili, Bellinzona, Switzerland 7. Children’s Hospital Lucerne, Lucerne, Switzerland 8. CHUV Lausanne, Lausanne, Switzerland 9. University of Basel Children’s Hospital UKBB, Basel, Switzerland

C) The Missing Stories of Palliative Patients, Parents and Physicians in Pediatric Oncology
Eva De Clercq, Tenzin Wangmo, Michael Rost, Bernice S. Elger, *Institute for Biomedical Ethics, University of Basel, Basel, Switzerland*

D) Quality of Palliative Care for Children with Cancer
Kimberley Widger¹², Stefan Friedrichsdorf³, Joanne Wolfe⁴, Stephen Liben⁵, Jason D. Pole¹⁶, Eric Bouffet¹², Mark Greenberg¹⁶, Amna Husain¹⁷, Harold Siden⁸, James A. Whitlock¹², Adam Rapoport¹²
1. University of Toronto, Toronto, ON, Canada 2. Hospital for Sick Children, Toronto, ON, Canada 3. Children’s Hospitals and Clinics of Minnesota, Minneapolis, MN, United States. 4. Dana-Farber Cancer Institute, Boston, MA, United States 5. The Montreal Children’s Hospital, Montréal, QC, Canada 6. Pediatric Oncology Group of Ontario, Toronto, ON, Canada 7. Mount Sinai Hospital, Toronto, ON, Canada 8. Canuck Place Children’s Hospice, Vancouver, BC, Canada
Have you ever driven several miles without noticing anything on the road, or read a page in a book without registering any of it? Do the day’s worries and disappointments crowd your mind as you’re trying to fall asleep at night? Do you feel stressed much of the time and aren’t sure how to find peace? In this program, a specialist in stress and resiliency reveals how the mind’s instinctive restlessness and shortsightedness generate stress and anxiety and presents strategies for living a more peaceful life. Learn skills that will help you:

- Develop deep and sustained attention
- Practice gratitude, compassion and acceptance
- Live a meaningful life
- Cultivate nurturing relationships
- Achieve your highest potential

All of these concepts are woven into a practical and fun journey that has been tested in numerous scientific studies, with consistently positive results.

A hospital and clinic-based inter-professional partnership: what worked for us (and the pitfalls!). Join our interactive discussion to share ideas and lessons learned, and be guided in developing a successful supportive cardiology program.

This workshop will explore potential challenges and opportunities in synergizing cardiology and palliative care expertise to address the complex needs of those living and dying with advanced heart failure.

This session will cover benefits of combining opioids, either engineered as bifunctional ligands or as opioid combinations. This session will also present the evidence for opioid induced hyperalgesia and propose that early use of adjuvants such as gabapentinoids in minimizing opioid pronociception.
Thursday, October 20, 2016

**D07 PROFFERED PAPERS – SPIRITUALITY**
A series of 15-minute presentations, each followed by a 5-minute question period

A) Pastoral Care as an Integral Part of Palliative Care: First Steps in Israel
Carey Miriam Knight Berkowitz, Kashouvet and Hadassah Hospital, Jerusalem, Israel

B) The Development of the Palliative Care Spiritual Care Competency Scale
Ping-Hwa Chen¹, Jeng-Fong Chiou², Mei Chuan Chu³, Lan-Hsin Fan³, Kuo-Feng Chang³, Ran Zhao³
1. National Taiwan Normal University, Taipei, Taiwan 2. Taipei Medical University Hospital, Taipei, Taiwan 3. National Taiwan University, Taipei, Taiwan

C) Foundations of Spiritual Care: Evaluation of a New Zealand Hospice Spiritual Care Programme
Rod MacLeod¹,², Richard Egan², Tess Moeke-Maxwell⁴, Rachael Crombie⁵

D) 'If I Didn’t Have my Spiritual Beliefs, I Would Struggle.': Exploring the Spiritual and Religious Beliefs of Workers in a Residential Aged Care Facility, in the Face of Death, Dying and Suffering in the Workplace
Helen Dick, University of Queensland, Uniting Church of Australia, Queensland Synod, Uniting Care Health, Brisbane, Australia; Charles Sturt University, Canberra, Australia; Presbyterian Church of Aotearoa New Zealand, Christchurch, New Zealand

**D08 PROFFERED PAPERS – PALLIATIVE CARE IN HUMAN CRISIS**
Three 20-minute presentations, each followed by a 10-minute question period

A) Ebola Response in Sierra Leone: Issues and Challenges of Providing Palliative Care in Disaster Responses
Anna Voeuk, University of Alberta, Edmonton, AB, Canada

B) The Right of Peaceful Passage for the Victims of Violent Conflict
Geraldine Gorman, Stephanie Ezell, University of Illinois at Chicago, Chicago, IL, United States

C) The Place of Palliative Care in Humanitarian Response
Kevin Bezanson¹,², Elysée Nouvet², Matthew Hunt⁴, Sonya de Laat³,⁵, Laurie Elit³,⁶,⁷, Carrie Bernard²,³,⁸, Lisa Schwartz³
1. Temmy Latner Centre for Palliative Care, Mount Sinai Hospital, Toronto, ON, Canada 2. University of Toronto, Toronto, ON, Canada 3. McMaster University, Hamilton, ON, Canada 4. McGill University, Montréal, QC, Canada 5. Western University, London, ON, Canada 6. Hamilton Health Sciences Centre, Hamilton, ON, Canada 7. Juravinski Cancer Centre, Hamilton, ON, Canada 8. Queen Square Family Health, Brampton, ON, Canada

**D09 PROFFERED PAPERS – COMPASSIONATE COMMUNITIES**
A series of 15-minute presentations, each followed by a 5-minute question period

A) The Last Aid Course – Teaching the Public About Palliative Care
Georg Bollig, University of Bergen, Bergen, Norway; HELIOS Klinikum Schleswig, Schleswig, Germany; Norwegian Palliative Association, Oslo, Norway

B) Empowering Communities Through Development of a Volunteer Facilitated ACP Public Workshop
Sue Grant¹, Pat Porterfield¹,², Terry Webber¹, Laura Spencer¹, Rachel Carter¹, Eman Hassan¹,², Doris Barwich¹,²
1. BC Centre for Palliative Care, New Westminster, BC, Canada 2. University of British Columbia, Vancouver, BC, Canada

CONTINUES ON PAGE 36
C) Walking Each Other Home: Weaving Informal Palliative Supports into a Community Garden
Pauline Marsh, University of Tasmania, Hobart, Australia

D) Feasibility of a Model of Volunteer Navigation (NCARE) to Support Older Adults Living at Home with Advanced Chronic Illness
Barbara Pesut1, Wendy Duggleby2, Grace Warner3, Konrad Fassbender2, Elisabeth Antifeau4, Lorraine Gerard5, Sharon Baxter6, Kathryn Downer7

D10 PROFFERED PAPERS – ETHICAL ISSUES
Three 20-minute presentations, each followed by a 10-minute question period

A) Behind Frenemy Lines:* Improving the Crucial Relationship Between Ethics and Palliative Care
Robert Macauley, University of Vermont College of Medicine, Burlington, VT, United States

B) A Humanist and Pragmatic Autonomy: The Konomie
Alain de Broca, University Hospital, Amiens, France

C) Addressing Muslim Patients’ Palliative Care Needs in the Era of Assisted Death: Islamic Perspective on Palliative Sedation
Ahmed al-Awamer, University Health Network, University of Toronto, Toronto, ON, Canada

D11 WORKSHOP/PROFFERED PAPERS – ARTS & HUMANITIES
A 45-minute workshop, and two 15-minute presentations, each followed by a 5-minute question period

A) Music Therapy: Pain and Dementia (presented in French)
Claire Oppert1, Jean-Marie Gomas1, Patricia Cimerman2
1. Hôpital Sainte Perine, Paris, France
2. Centre National de Ressources de lutte contre la Douleur, Paris, France

Musical art therapy sessions have a huge positive impact on the pain and anxiety of hospitalized palliative care patients, for instance during painful wound care: a clinical study of 100 «Schubert dressing changes». Music therapy also helps preserve and even recover certain residual capacities in subjects suffering from dementia.

B) Last Chapters: What Do People Read When They Are Dying and What Do Their Choices Tell Us?
Ros Taylor, Hospice UK and Royal Marsden Hospital, London, United Kingdom; Hospice of St Francis, Berkhamsted, Hertfordshire, United Kingdom

C) Exploring Objects at the End of Life
Helena Kjellgren12, Carol Tishelman13, Alastair Macdonald4, Olav Lindqvist15, Ida Goliath1
1. Karolinska Institutet, LIME, MMC, Stockholm, Sweden
2. Ersta Sköndal University College, Palliative Research Centre, Stockholm, Sweden
3. Karolinska University Hospital, Innovation Centre, Stockholm, Sweden
4. The Glasgow School of Art, Glasgow, Scotland
5. Umeå University, Umeå, Sweden
WORKSHOPS: A Look at Two Care Experiences in France

A) Québec-France: Comparative Analysis of the Organization and Practices in Palliative Home Care (presented in French)

Michel L'Heureux¹, Jocelyne Wullschleger², Serge Dumont³, Vincent Morel⁴, Antoine Chapdelaine⁵, Tanguy Châtel⁶, Dominique Dion⁷, Sébastien Moine⁸, André-Philippe Lemieux¹, Guy Jobin³, Véronique Turcotte⁹


Home care for palliative patients: a first cross-study between France and Québec highlights the differences in care models, constraints and challenges.

B) Family Presence at the Patient’s Last Breath in the PCU

E. Sales, A. Gantet, F. Knorreck, D. Tribout, M. Denis, M-A. Seveque, Jean-Marie Gomas, USP Hôpital Sainte Périne, Paris, France

The “meaning” of the patient’s end of life is reflected in the date of death, and by what seems to be the patient’s choice of entourage at the last breath: thus, in 600 consecutive patients, 76% died WITHOUT their family, even though visits were numerous.

12:30 – 14:00 LUNCH BREAK

OPTIONAL NETWORKING LUNCH (See web site for details)

12:50 – 13:50 FILM SCREENING

LO4

Love in Our Own Time

This documentary about birth, love and death by award-winning filmmaker Tom Murray offers a space for reflection and inspires conversations relevant to teaching and training.

14:00 – 15:30 CHOICE OF SPECIAL SEMINAR (E01) OR CONCURRENT WORKSHOPS (E02 – E12)

E01 SPECIAL SEMINAR: NEW TRENDS IN BEREAVEMENT RESEARCH AND SUPPORTIVE PRACTICE

(Part 2 – see box on page 32)

E02 SYMPOSIUM: FROM PERSONALIZED MEDICINE, PATIENT-CENTERED CARE TO PERSON-CENTERED CARE

Deborah Dudgeon, Canadian Partnership Against Cancer, Toronto, ON, Canada;
Doreen Edwards, Person-Centred Perspective Advisory Group, Canadian Partnership Against Cancer, Toronto, ON, Canada;
Gerald Batist, Department of Oncology, McGill University, Montréal, QC, Canada

Sponsored by

This seminar supported by the Canadian Partnership against Cancer will address the advances in personalized medicine and their meaning and advantages for persons living with cancer, the needs and expectations of patients vis-a-vis the care they receive, and finally, the need for all of us to shift to a paradigm of person-centered care.
PROFFERED PAPERS – PEDIATRIC PALLIATIVE CARE

A series of 15-minute presentations, each followed by a 5-minute question period

A) Who Is the Victim? A Systematic Review and Ethical Analysis of Moral Distress in Pediatric Intensive Care Units
Annie Janvier1, Trisha Prentice2, Lynn Gillian2, Peter Davis2
1. Université de Montréal, Montréal, QC, Canada
2. University of Melbourne, Melbourne, VIC, Australia

B) Death and Dying: A One Day Course to Enhance Pediatric Resident Education?
Sylvia Choi1,2, Scott Maurer1,2, Carol May2, Amanda Brown1
1. University of Pittsburgh, Pittsburgh, PA, United States
2. Children’s Hospital of Pittsburgh of UPMC, Pittsburgh, PA, United States

C) Le rôle de l’urgence dans les soins palliatifs pédiatriques
Anne-Josée Côté, Nathalie Gaucher, Antoine Payot, Université de Montréal, Montréal, QC, Canada

D) Multi-Disciplinary Pediatric End-of-Life Training Improves Staff Preparedness and Lessens Staff Distress
Kenneth Pituch1,2, Melanie Halsey2, Patricia Keefer1,2, James Azim1,2
1. CS Mott Children’s Hospital, Ann Arbor, MI, United States
2. University of Michigan, Ann Arbor, MI, United States

The Politics of Programme Development
M. R. Rajagopal, Pallium India; Trivandrum Institute of Palliative Sciences Trivandrum, Kerala, India

Early development of palliative care in any country will need concurrent education, drug availability and policy (and its implementation). In the absence of a strong governance and management as in many countries, could we work on the social capital to improve palliative care access? And to facilitate government action?

A) Building Capacity for Social Work Competencies in Hospice Palliative Care: SCOPE Curriculum
Zelda Freitas1, Patrick Durivage1, Sharon Baxter2
1. CIUSS du Centre-Ouest-de-l’Île-de-Montréal, CLSC René-Cassin, Côte Saint-Luc, QC, Canada
2. Canadian Hospice Palliative Care Association, Ottawa, ON, Canada

The SCOPE-training modules based on social work competencies developed in association with Canadian Hospice Palliative Care will be presented. The application and integration of the modules will be highlighted by a group simulation. Participants will receive complementary access to the modules.

B) It Takes a Community: Learning Essential Approaches to Palliative and End-of-Life Care (LEAPing) in LTC
Kathryn Downer1, Jill Marcella1,2, Lori Teeple1,3
1. Pallium Canada, Ottawa, ON, Canada
2. Northwest LHIN Palliative Care, Thunder Bay, ON, Canada
3. Western University, London, ON, Canada

LEAP LTC promotes care teams working together, acquiring tips and tools to engage residents and families in essential conversations, best practice care decisions, end-of-life priorities, grief and bereavement.
Thursday, October 20, 2016

**E06 PROFFERED PAPERS – CLINICAL ISSUES**
A series of 15-minute presentations, each followed by a 5-minute question period

**A) Caring for Patients with Ventricular Assist Devices on the Palliative Care Unit**
Jonathan Pearce¹², Caroline Baldwin¹²

1. Providence Health Care, Vancouver, BC, Canada
2. University of British Columbia, Vancouver, BC, Canada

**B) Care for the Older Patient with Advanced Chronic Kidney Disease**
Elizabeth Clark, Albert Einstein College of Medicine and Montefiore Medical Center, Bronx, NY, United States

**C) Methadone4Pain.ca: An Evaluation of a New Online Course for Physicians Prescribing for Pain in Palliative Care**
Cornelius Woelk¹⁵, Pippa Hawley²³, Mike Harlos⁴⁵, Dori Seccareccia⁶, Bruce Kennedy⁷, Marie-Claude Gregoire⁹, Karen Courtney¹, Ken Stakiw⁸, Srin Chary¹⁰


**D) Sleep Difficulties in Cancer Patients Receiving Palliative Care: A Descriptive Study**
Marie Solange Bernatchez, Josée Savard, Hans Ivers, CHU de Québec-Université Laval Research Center, Université Laval, Québec, QC, Canada

**E07 PROFFERED PAPERS – LEADERSHIP, POLICY AND PROGRAM DEVELOPMENT**
Three 20-minute presentations, each followed by a 10-minute question period

**A) End of Life Care for Inuit Living in Nunavik, Quebec**
Shawn-Renee Hordyk¹, Martha Greig², Mary Ellen Macdonald¹, Paul Brassard¹

1. McGill University, Montreal, Quebec, Canada 2. Nunavik Regional Health Board, Kuujjuuaq, Quebec, Canada

This workshop outlines historical and current EOL care in Nunavik, Quebec, drawing on recent ethnographic research and a presentation by an Inuit frontline worker providing EOL care in Inuit communities.

**B) Improving End-of-Life Care in First Nations Communities: Lessons Learned from a 5-year CIHR Research Project**
Holly Prince¹, Kevin Brazil², Maxine Crow⁴, Verna Fruch⁶, Gaye Hanson¹, Mary Lou Kelley¹, Sharol Kohoko⁶, Jessica Koski¹, Luanne Maki⁶, Lori Monture⁶, Chris Musquash¹, Valerie O’Brien⁶, Kimberly Ramsbottom¹, Jeroline Smith⁶, Melody Wawia¹

1. Lakehead University, Thunder Bay, ON, Canada 2. McMaster University, Hamilton, ON, Canada 3. Queens University, Belfast, Ireland, United Kingdom 4. Naotkamegwanning First Nation, ON, Canada 5. Six Nations of the Grand River, ON, Canada 6. Pegas First Nation, MB, Canada 7. Fort William First Nation, ON, Canada 8. Six Nations Polytechnic, Ohsweken, ON, Canada

This workshop will present Canadian research about Indigenous perspectives on end of life and will share a model for developing local palliative care programs in First Nations communities.

**E08 PROFFERED PAPERS – LEADERSHIP, POLICY AND PROGRAM DEVELOPMENT**
CONTINUES ON PAGE 40
B) A Whole Systems and Societal Approach to Pursue Excellence in Palliative Care in BC
Doris Barwich1,2, Kathleen Yue1,2, Eman Hassan1,2, Sue Grant1
1. BC Centre for Palliative Care, New Westminster, BC, Canada
2. University of British Columbia, Vancouver, BC, Canada
3. University of Victoria, Victoria, BC, Canada

C) Developing National Palliative and End-of-Life Indicators to Monitor System Performance
Ruth Barker1,2, Margaret Fitch1,2, Deborah Dudgeon1,3, Esther Green1,2, Raquel Shaw-Moxam1
1. Canadian Partnership Against Cancer, Toronto, ON, Canada
2. University of Toronto, Toronto, ON, Canada
3. Queens University, Kingston, ON, Canada

“A how do you manage to do this for a living?” Palliative care professionals are frequently faced with how to deal with this question. A documentary called “Metamorphosis” shows the experience of some palliative care professionals from Spain.

B) Fostering Resilience Among Palliative Care and Hospice Providers
Marcos Montagnini1, Linda Blum2, Mark Heiland3
1. University of Michigan, Ann Arbor, MI, USA
2. California Pacific Medical Center, San Francisco, CA, USA
3. Central Arkansas Veterans Healthcare System, North Little Rock, AR, USA

Stress and burnout are common among hospice and palliative care providers. The purpose of this workshop is to explore and promote the construct of resilience as it applies to interdisciplinary teams.

E09

A) How to Work in Palliative Care and Not Die Trying: The Transformation Process for Palliative Care Professionals, the Metamorphosis
Rafael Mota1, Vinita Mathani2, Maria Solano3, Borja Rivero3, Raquel Cabo4, Vicente Robles5
1. Infanta Cristina Hospital Complex, Servicio Extremeno de Salud, Badajoz, Spain
2. Hospital Nuestra Señora de la Candelaria, Canary Islands Health Care Services, Tenerife, Spain
3. Palliative Care Regional Observatory, Extremadura, Mérida, Spain
4. Asociación Española contra el Cáncer, Spain
5. Virgen del Puerto Hospital, Plasencia, Extremadura, Spain

“How do you manage to do this for a living?” Palliative care professionals are frequently faced with how to deal with this question. A documentary called “Metamorphosis” shows the experience of some palliative care professionals from Spain.

E10

PROFFERED PAPERS – DELIVERY OF CARE
A series of 15-minute presentations, each followed by a 5-minute question period

A) Primary Palliative Care Delivery Across Mayo Clinic
Cory Ingram1, Elizabeth L. Bechtum1,2, Jessica Brunner1,2, Karina M. Squire1,2, Erin A. Henderson2, Kate J. Larson2, Jennifer P. Schreiber2, Kari Bunkers2
1. University of Minnesota, MN, United States
2. Mayo Clinic, Rochester, MN, United States

B) Palliative Care Needs at Different Phases in the Illness Trajectory: A Survey Study in Patients with Cancer
Kim Beernaert1, Koen Pardon1, Lieve Van den Block1, Dirk Devroey2, Martine De Laat2, Karen Geboes3, Veerle Surmont3, Luc Deliens3, Joachim Cohen1
1. Vrije Universiteit Brussel and Ghent University, Jette, Belgium
2. Ghent University Hospital, Ghent, Belgium
3. Vrije Universiteit Brussel, Jette, Belgium

C) Improving End-of-Life Care Through Quality Improvement
Kalli Stilos, Bill Ford, Danielle Takahashi, Tracey DasGupta, Sunnybrook Health Science Centre, Toronto, ON, Canada

D) Community Based Palliative Care for Older Patients
Franciscah Tsikai, Island Hospice Service, Belgravi, Harare, Zimbabwe

E11

PRÉSENTATIONS COURTES – CHOIX EN MATIÈRE DE SOINS DE FIN DE VIE
Une série d’exposés de 15 minutes suivis d’une période de questions de 5 minutes.

A) Soins palliatifs et aide médicale à mourir : vers une coexistence pacifique ?
Alain Legault, Émilie Allard, Université de Montréal, Montréal, QC, Canada

CONTINUES ON PAGE 41
Thursday, October 20, 2016
PRÉSENTATIONS COURTES – CONTINUED FROM PAGE 40

B) Le temps résiduel en soins palliatifs
Natalie Harrison, François Gravelle, University of Ottawa, Ottawa, ON, Canada

C) Mettre le patient en mouvement : la kinésithérapie en soins palliatifs
Audrey Glon, Nathalie Denis, Benoît Maillard, Julien Nizard, CHU nord Laennec, Nantes, Pays de la Loire, Franc

D) Pertinence et modalités d’utilisation du MIDAZOLAM en intra nasal en soins palliatifs : à propos d’une revue de la littérature
Adrien Evin, Jérôme Libot, Nathalie Denis, CHU de Nantes, Nantes, Loire-Atlantique, France

E12
A) Does Palliative Care Need to Change Its Philosophy? (presented in French)
Pierre Deschamps, Lawyer, Montréal, QC, Canada

Traditionally, palliative care has been defined as care that neither hastens nor delays death. Some palliative care physicians have said they are prepared to administer Aid-in-Dying. Should this be viewed as violating the palliative care philosophy, or as pressure to change that philosophy?

B) Evaluating Decision-making Aptitude at the End of Life (presented in French)
Annie Tremblay, CHU de Québec-UL, Pavillon Hôtel-Dieu de Québec, Québec, QC, Canada

Individuals at the end of life are confronted with numerous decisions. Palliative care professionals must actively cooperate with them. This workshop will review the notion of decision-making aptitude in a palliative care setting and explore the specific challenges of the end of life.

15:30 – 16:00 BREAK

16:00 – 17:30
PLENARY
PL3 MOVING FORWARD WITH HOPE, RESILIENCE AND STRENGTH
Chair: Mary Ellen Macdonald, McGill University, Montréal, QC, Canada

EMOTIONS, HOPE, AND PARENTAL SENSE OF DUTY
Chris Feudtner, Pediatrician, Children’s Hospital of Philadelphia, Philadelphia, PA, United States

Parents of children with serious illness, when making medical decisions on behalf of their children, both think and feel their way to the right decision, and do so viewing the situation through the lens of what they feel they should do to be, in their own eyes, good parents.

A PATH TO RESILIENCE
Amit Sood, Professor of Medicine, Chair, Mayo Mind Body Initiative, General Internal Medicine, Mayo Clinic, Rochester, MN, United States

Resiliency is your core strength you use to lift the load of life. Resiliency helps you withstand and bounce back from adversity and grow despite life’s downturns. In this presentation Dr. Sood will share the science of resiliency, neural vulnerabilities that predispose to resiliency deficits, and structure of a program proven to enhance resiliency.

20:00 Concert – Orchestre Symphonique de Montréal (See page 7)
Friday, October 21, 2016

07:00 – 08:00  Self-Care Activities

07:45 – 08:45  RESEARCH FORUM

**RF3**

**Chair:** Robin Cohen, *McGill University, Montréal, QC, Canada*

**Discussant:** Jennifer Philip, *Centre for Palliative Care, Fitzroy, VIC, Australia*

**A) Impact of Treatment Subsidies and Cash Pay-Outs on Treatment Choices at the End of Life**

Eric Finkelstein¹, Chetna Malhotra¹, Junxing Chay¹, Semra Ozdemir¹, Akhil Chopra³, Ravindran Kanesvaran⁴

1. Duke-NUS Medical School, Singapore
2. National Cancer Centre, Singapore
3. Tan Tock Seng Hospital, Singapore

**B) Barriers and Enablers to Advance Care Planning with Patients in Primary Care: A Survey of Clinicians**

Michelle Howard¹, Carrie Bernard¹,², Doug Klein³, Amy Tan³, Marissa SlavenV, Doris Barwich⁴, John J. You¹, Gabriel Asselin³, Jessica Simon³, Daren K. Heyland⁵,⁶

1. McMaster University, Hamilton, ON, Canada 2. University of Toronto, Toronto, ON, Canada 3. University of Alberta, Edmonton, AB, Canada 4. University of British Columbia, Vancouver, BC, Canada 5. Kingston General Hospital, Kingston, ON, Canada 6. Queen’s University, Kingston, ON, Canada

**C) Development of a Complex Intervention to Support the Initiation of Advance Care Planning by General Practitioners in Patients at Risk of Deteriorating or Dying: A Phase 0-1 Study**

Aline De Vleminck¹,², Dirk Houttekier¹,², Luc Deliens¹,², Robert Vander Stichele², Koen Pardon¹²

1. Vrije Universiteit Brussel, Brussels, Belgium
2. University of Ghent, Ghent, Belgium

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At 9:00 participants may attend either the Special Seminar “Medical Aid in Dying” (F01, G01) which continues until 12:30; or choose from a selection of workshops at 9:00 (F02-F12), and at 11:00 (G02-G13).

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9:00 – 12:30  SPECIAL SEMINAR

**F01/G01  MEDICAL AID IN DYING**

**E⇒F**

Perspectives and reflections on a topic that is both controversial and unavoidable for health care practitioners having to come to terms with the new reality of the legalization of physician-assisted dying in an increasing number of countries and jurisdictions.

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**09:00 – 10:30  PROFFERED PAPERS – MEDICAL AID IN DYING**

Three 20-minute presentations, each followed by a 10-minute question period


Aline De Vleminck¹,², Koen Pardon¹², Dirk Houttekier¹,², Lieve Van den Block¹,², Robert Vander Stichele², Luc Deliens¹,²

1. Vrije Universiteit Brussel, Brussels, Belgium
2. University of Ghent, Ghent, Belgium

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Friday, October 21, 2016
SPECIAL SEMINAR – MEDICAL AID IN DYING – CONTINUED FROM PAGE 42

B) Hospice Professionals’ Experiences with Suicide and Hastened Death in Washington State
Sheri Gerson, Anne Grinyer, Amanda Bingley, Katherine Froggatt, Lancaster University, Division of Health Research, Lancaster, United Kingdom

C) Legalization of Physician-Assisted Death and Access to Palliative Care: Connecting Data, Human Rights and Health Care Provider Strategies to Improve End-of-Life Care in Canada
Isabelle Marcoux¹, Mary Shariff², Sharon Baxter³
1. University of Ottawa, Ottawa, ON, Canada
2. University of Manitoba, Winnipeg, MB, Canada
3. Canadian Hospice Palliative Care Association, Ottawa, ON, Canada

11:00 – 12:30
WORKSHOP / PROFFERED PAPER
A 45-minute workshop and a 20-minute proffered paper followed by a 10-minute question period, and 15 minutes for discussion

A) What Is the Impact of the Practice of Assisted Suicide on Palliative Care?
Gian Domenico Borasio, Centre Hospitalier Universitaire Vaudois, Lausanne, Switzerland
Assisted suicide and palliative care are often portrayed as mutually exclusive. Clinical experience and scientific data from countries where assisted suicide is legal (e.g. Switzerland and Oregon) suggest otherwise.

B) A Qualitative Study of Palliative Care Physicians’ Roles in Decision-Making About Euthanasia
Emmanuelle Bélanger¹, Anna Towers², Golda Tradounsky²,³, Roger Ghoche²,³, David Wright⁴, Mary Ellen Macdonald²
1. Université de Montréal, Montréal, QC, Canada
2. McGill University, Montréal, QC, Canada
3. Mount Sinai Hospital, Montréal, QC, Canada
4. University of Ottawa, Ottawa, ON, Canada

09:00 – 10:30 CHOICE OF SPECIAL SEMINAR (F01) OR CONCURRENT WORKSHOPS (F02 – F12)

F01 SPECIAL SEMINAR: MEDICAL AID IN DYING
(Part 1 – see box on page 42)

F02 A) Anesthetic Techniques for Complex Cancer Pain Management
Jordi Perez, McGill University, Montréal, QC, Canada
Nerve blocks, neurolytic procedures, cement augmentation and intraspinal drug delivery techniques are interventional procedures that can help achieving satisfactory analgesia in complex cases resistant to conventional medical management.

CONTINUES ON PAGE 44
B) A Multidisciplinary Conference for the Effective Use of Imaging Guided Procedures in Improving Pain Control
Arnold Radu1, Kevin Pennycooke1, Tyler M. Coupal1, Paul I. Mallinson1, Pippa Hawley1,2, Peter L. Munk1
1. University of British Columbia, Vancouver, BC, Canada
2. British Columbia Cancer Agency, Vancouver, BC, Canada
Outlines of a conference attended by palliative care physicians, radiation oncologists and interventional radiologists discussing pain management options of cancer patients with chronic pain illustrated through successfully treated cases

WORKSHOP/PROFFERED PAPERS – PEDIATRIC PALLIATIVE CARE
A 45-minute workshop, and two 15-minute presentations, each followed by a 5-minute question period

A) At Home Hospice and Palliative Care - A Country's, a State's, and a Province's Approach to Serving Children Far from the Medical Center
Ken Pituch1,2, Hal Siden3,4,5,6, Pat Carragher7
1. CS Mott Children's Hospital, University of Michigan, Ann Arbor, MI, United States
2. Hospice of Michigan, Detroit, MI, United States
3. Child and Family Research Institute, Vancouver, BC, Canada
4. BC Children's Hospital, Vancouver, BC, Canada
5. University of British Columbia, Vancouver, BC, Canada
6. Canuck Place Children's Hospice, Vancouver, BC, Canada
7. Children's Hospice Association Scotland, Edinburgh, Scotland, United Kingdom
Medical Directors from pediatric hospice organizations in Scotland, Michigan, and British Columbia will both review and lead group discussion regarding challenges and strategies for serving children with life limiting conditions

Patrick Carragher1, Lorna Fraser2
1. Children's Hospice Association Scotland, Edinburgh, Scotland, United Kingdom
2. University of York, York, United Kingdom

C) Not There Yet: Pediatric Palliative Care in Canada 2002 – 2012
Kimberley Widger1, Dawn Davies2, Lysanne Dauost3, Stephen Liben4, Adam Rapoport1, Marie-Claude Gregoire5, Christina Vadeboncoeur6, Simone Stenekes7, Claude Cyr8, Amrita Sarpa9, Helene Roy10, Heather Hodgson-Viden11, Marli Robertson12, Harold Siden13
1. Hospital for Sick Children and University of Toronto, Toronto, ON, Canada
2. Stollery Children's Hospital, Edmonton, AB, Canada
3. CHU Sainte-Justine, Montréal, QC, Canada
4. The Montreal Children's Hospital, McGill University Health Center, Montréal, QC, Canada
5. IWK Health Centre, Halifax, NS, Canada
6. Children's Hospital of Eastern Ontario, Ottawa, ON, Canada
7. Winnipeg Regional Health Authority, Winnipeg, MB, Canada
8. Centre Hospitalier Universitaire de Sherbrooke, Sherbrooke, QC, Canada
9. Children's Hospital: London Health Sciences Centre, London, ON, Canada
10. Centre Hospitalier Universitaire de Québec, Québec, QC, Canada
11. Royal University Hospital, Saskatoon, SK, Canada
12. Alberta Children's Hospital, Calgary, AB, Canada
13. Canuck Place Children's Hospice, Vancouver, BC, Canada
Friday, October 21, 2016

F04  A) A Methodological Approach to Ethical Analysis at the Bedside
Angelique Wong, Donna S. Zhukovsky, Colleen M. Gallagher, The University of Texas MD Anderson Cancer Center, Houston, TX, United States

Participants will become familiar with a practical approach to bedside analysis of common ethical issues in end-of-life care to enhance problem-solving skills using a patient-centered, family-oriented care approach.

B) Reframing Dying in the Intensive Care Unit: The 3 Wishes Interprofessional Demonstration Project
Deborah Cook1,2, Anne Boyle1,2, Marilyn Swinton1, Feli Toledo2, France Clarke1,2
1. McMaster University, Hamilton, ON, Canada
2. St. Joseph’s Healthcare Hamilton, Hamilton, ON, Canada

The Wishes Project involves eliciting and implementing a set of 3 wishes to facilitate a peaceful dying process in the ICU. We will share our experiences with development and implementation.

F05  A) Improving Communication about Goals of Care with Hospitalized Patients Who Have Serious Illness: A Canadian, Multi-Centre Program of Research
John You1, Jessica Simon2, Dev Jayaraman3, Nishan Sharma4, Alannah Smrke1, Rebecca Sudore1, Peter Allatt5, Susan Block6, Marilyn Swinton1, Daren Heyland7
1. McMaster University, Hamilton, ON, Canada
2. University of Calgary, Calgary, AB, Canada
3. McGill University, Montréal, QC, Canada
4. University of California San Francisco, San Francisco, CA, United States
5. Bridgepoint Health, Toronto, ON, Canada
6. Dana-Farber Cancer Institute, Boston, MA, United States
7. Queen’s University, Kingston, ON, Canada

In this interactive workshop, participants will review a multi-faceted suite of tools and create a plan to improve patient and clinician communication about goals of care within their own hospital.

B) Difficult Conversations - Tools, Tips and Strategies
Ramona Joshi, Jo Forbell, Michael Garron Hospital, Toronto, ON, Canada

Interactive case-based workshop focused on enhancing communication skills during difficult conversations. Topics include barriers to initiating advanced care planning, discussing artificial feeding/hydration and identifying and correcting communication pitfalls.

F06  PROFFERED PAPERS – CLINICAL ISSUES
Three 20-minute presentations, each followed by a 10-minute question period

A) Conservative Management of End-Stage Kidney Disease
Joy Percy1,2,3, Curtis Walker1, Norman Panilicio1, Simon Allan1,2
1. Palmerston Nth Hospital, Palmerston Nth, New Zealand
2. Arohanui Hospice, Palmerston Nth, New Zealand
3. University of Otago, Dunedin, New Zealand

B) Management of Cardiac Devices in Palliative Care and Hospice Patients
Jatin Dave, Harvard Medical School, Boston, MA, United States

C) Early Integration of the Palliative Approach in HIV Management: Description of HIV+ Young Men Who Have Sex with Men Attending 2 Inner City Clinics Where the Palliative Approach Is Introduced to Improve Retention in Care
Carla S Alexander1, Victoria Raveis2, Daniel Karus3, Monique Carrero-Tagle4, Monique Wilson1, Rebecca Brotemarkle1, Gregory Pappas5, Debra Wiegard1, Kashelle Lockman1, Peter Memiah1, Christopher Welsh1, Vicki Tepper1, Mian B Hossain5, Anthony Amoroso1, Peter Selwyn6
1. University of Maryland, Baltimore, Baltimore, MD, United States
2. New York University, New York, NY, United States
3. Food and Drug Administration, Rockville, MD, United States
4. University of West Florida, Pensacola, FL, United States
5. Morgan State University, Baltimore, MD, United States
6. Montefiore Medical Center, New York, NY, United States
A) Organization-Level Promising Practices to Support the Delivery of High-Quality Spiritual Care
Paul Holyoke¹, Barry Stephenson²
1. Saint Elizabeth Research Centre, Markham, ON, Canada
2. Memorial University of Newfoundland, St. John’s, NL, Canada

This workshop will discuss nine organizational-level practices identified in North American hospices with religious/spiritual foundations, and identify how secular healthcare organizations can integrate them to improve end-of-life spiritual care.

B) Spiritual Care in the Trenches: Raising the Bar for Our Daily Work
Marvin O. Delgado Guay, Andrea O. Ferguson, Donna S. Zhukovsky,
The University of Texas MD Anderson Cancer Center, Houston, TX, United States

Spiritual care is increasingly recognized as an important part of care throughout the health spectrum and particularly so at the end of life. In this session, designed for participants of diverse background and experience, we will describe the often unrecognized ways in which clinicians provide spiritual care in their daily work and how health care professionals may raise the bar by systematically incorporating spiritual-based inquiry into their practice.

PROFFERED PAPERS – VOLUNTEERS
A series of 15-minute presentations, each followed by a 5-minute question period

A) Hospice/Palliative Care: The Heart of a Rural Community
Karen Wagner, Lisa Hubers, Dawn Cruchet, Jason Malinowski, Madawaska Valley Hospice Palliative Care, Barry's Bay, ON, Canada

B) I Am the Nurse, You Are Just the Volunteer
Sandra Watson, Leslie Mitchell, West Island Palliative Care Residence, Kirkland, QC, Canada

C) Creating the Ordinary in Extraordinary Circumstances: The Role of the Volunteer in End-of-Life Care
Bridget Johnston¹, Anne Patterson¹, Lydia Bird¹, Alison Bravington¹, Kathryn Almack¹, Jane Seymour¹, Beth Hardy¹
1. University of Nottingham, Nottingham, United Kingdom
2. University of York, York, United Kingdom

D) Training Volunteers to Be Effective Listeners as Bereavement Companion Visitors
Maria Kliavkoff, Hospice Society of the Columbia Valley, Invermere, BC, Canada

PROFFERED PAPERS – EDUCATIONAL ISSUES
A series of 15-minute presentations, each followed by a 5-minute question period

A) Empowering Family Medicine Clinics to Provide Palliative Care: The Ottawa Academic Family Health Team Project
Christopher Klinger¹, José Pereira¹,²,⁴, Debbie Gravelle³, Maryse Bouvette³, Frances Kilbertus³, Jay Mercer¹,³, Dave Davidson¹, Tammy Tsang⁴, Joseph Burns⁴, Jill Rice¹,³
1. University of Ottawa, Ottawa, ON, Canada
2. Ottawa Hospital Research Institute, Ottawa, ON, Canada
3. Bruyère Continuing Care, Ottawa, ON, Canada
4. Bruyère Research Institute, Ottawa, ON, Canada
5. Northern Ontario School of Medicine, Thunder Bay, ON, Canada
6. The Ottawa Hospital, Ottawa, ON, Canada

B) Evaluation of an International Palliative Care Collaboration: Engaging Scholars and Communities to Support Best Practices
Alison-Kate Lillie¹, Kathryn Pfaff², Linda Patrick², Sue Read¹, Laurie Freeman-Gibb²
1. Keele University, Keele, Staffordshire, United Kingdom
2. University of Windsor, Windsor, ON, Canada
C) Supporting and Improving Community Health Services - A Prospective Evaluation of ECHO Technology in Community Palliative Care Nursing Teams
Clare White1, Sonja McIlfarrig2, Lynn Dunwoody2, Max Watson1,2
1. Northern Ireland Hospice, Belfast, Northern Ireland, United Kingdom
2. University of Ulster, Northern Ireland, United Kingdom

D) Embedding Cultural Competencies in Palliative Care Education and Training
Lori Teeple1,2, Maryse Bouvette3, Audrey Logan4, Kathryn Downer1
1. Pallium Canada, Ottawa, ON, Canada 2. Western University, London, ON, Canada
3. Bruyère Continuing Care, Ottawa, ON, Canada 4. Erie St. Clair Regional Cancer Program, Windsor, ON, Canada

F10 PROFFERED PAPERS – ELDERLY AND LONG-TERM CARE
Three 20-minute presentations, each followed by a 10-minute question period

A) Sharing the Burden: Schwartz Rounds® as a Compassionate Collaborative Practice Model in Long-Term Care
Lisa Hamilton, Shereen Jonathan, Kathryn Pfaff, Jean Echlin, University of Windsor, Windsor, ON, Canada

B) What Makes Nurses “Expert” in Caring For Those Dying With Dementia in Nursing Homes?
Genevieve Thompson1,2, Susan McClement1,2
1. University of Manitoba, Winnipeg, MB, Canada
2. CancerCare Manitoba, Winnipeg, MB, Canada

C) Launching Namaste Care in Canada: Evaluation of a Facility-Wide Education Program to Improve End-of-Life Care in Advanced Dementia
Sharon Kaasalainen1, Paulette Hunter2, Vanina Dal Bello Haas1, Lisa Dolovich1, Maureen Markle-Reid1, Jenny Ploeg1, Lehana Thabane1, Katherine Froggatt3, Thomas Hadjistavropoulos4, Joyce Simard5, Jenny van der Steen6, Ladislav Volcer6
1. McMaster University, Hamilton, ON, Canada 2. St. Moores College, University of Saskatchewan, Saskatoon, SK, Canada 3. Lancaster University, Lancaster, United Kingdom 4. University of Regina, Regina, SK, Canada 5. VU University Medical Center, Amsterdam, The Netherlands 6. University of South Florida, Tampa, FL, United States 7. Consultant, Tampa, FL, United States

F11 PROFFERED PAPERS – NURSING ISSUES
Three 20-minute presentations, each followed by a 10-minute question period

A) Experience of the Patient-Family Caregiver Dyad in Palliative Care
Gloria Mabel Carrillo González1,2,3,4, Rocio López Rangel1,4, Mauricio Arias1,3,5
1. Universidad Nacional de Colombia, Bogotá, Colombia 2. Asociación Latinoamericana de cuidado paliativo, Buenos Aires, Argentina 3. IAHPC, Houston, TX, United States 4. Sigma Theta Tau capitulo Upsilon Nu, Bogotá Colombia 5. Instituto Nacional de Cancerología, Bogotá, Colombia

B) Factors Associated with Burnout Among Chinese Oncology Nurses
Qiaohong Guo, Susan McClement, Manitoba Palliative Care Research Unit, Winnipeg, MB, Canada

C) Nurses’ Clinical Judgment in Palliative Care
Mahwash Salsali1, Jamal Seidi2, Fatemeh Alhani3
1. Tehran University of Medical Sciences, Tehran, Iran 2. Sonandage University of Medical Sciences, Sanandage, Iran 3. Tarbiat Modares University of Medical Sciences, Tehran, Iran
ATELIER ET PRÉSENTATIONS COURTES – CONSIDÉRATIONS EN MATIÈRE DE FIN DE VIE

Un atelier de 45 minutes, et deux exposés de 15 minutes, chacun suivi d’une période de questions de 5 minutes.

A) L’éthique et la spiritualité chez les soignants
Louise La Fontaine, Maison Desjardins de soins palliatifs du KRTB, Notre-Dame du Portage, QC, Canada

15 soignants reconnus ont été rencontrés dans le cadre d’une recherche doctorale. Ceux-ci ont partagé leurs visions des soins palliatifs et « comment » ils vivent leur rôle. La connaissance pratique mise à jour fait une place à l’éthique et à la spiritualité. L’atelier présente une schématisation de ce savoir et propose des pistes de soutien et de formation.

B) Représentations sociales de la mort des proches aidants en contexte de soins palliatifs
Sabrina Lessard1, Bernard-Simon Leclerc1,2
1. Centre de recherche et de partage des savoirs InterActions CIUSSS-NIM, Montréal, QC, Canada
2. Université de Montréal, Montréal, QC, Canada

C) Sédation continue maintenue jusqu’au décès : quelle communication dans les unités de soins palliatifs françaises et polonaises ?
Martyna Tomczyk1, Sadek Beloucif1,2, Maciej Sopata3, Marcel-Louis Viallard1,4
4. Hôpital Universitaire Necker Enfants Malades, Paris APHP, France

10:30 – 11:00 BREAK

11:00 – 12:30 CHOICE OF SPECIAL SEMINAR (G01) OR CONCURRENT WORKSHOPS (G02 – G13)

G01 SPECIAL SEMINAR: MEDICAL AID IN DYING
(II Part 2 – see box on page 43)

G02 PROFFERED PAPERS – PALLIATIVE CARE IN RESOURCE-CONSTRAINED SETTINGS
A series of 15-minute presentations, each followed by a 5-minute question period

A) Palliative Care Need in the Medical Wards of a Tanzanian Tertiary Referral Hospital - A Mixed Methods Study.
Emma Grace Lewis1, Ashtani Duinmaijer2, Aisa Shayo1, Simon Megiroo3, Bathlomew Bakari4, Lloyd Oats3, Keith Gray2, Felicity Dewhurst5, Richard Walker6, Sarah Urasa1
1. Kilimanjaro Christian Medical Centre, Moshi, Tanzania 2. Haydom Lutheran Hospital, Manyara, Mbulu, Tanzania 3. Selian Hospice, Evangelical Lutheran Church in Tanzania, Tanzania 4. Nkoaranga Lutheran Hospital, Arusha, Tanzania 5. Northumbria Healthcare NHS Foundation Trust, North Tyneside General Hospital, North Shields, United Kingdom 6. Health Education North East, Newcastle upon Tyne, United Kingdom

B) The Six Main Components for Developing Palliative Care in Mongolia
Odontuya Davaasuren, Mongolian National University of Medical Sciences and Mongolian Palliative Care Society, Ulaanbaatar, Mongolia

C) Livingstone Central Hospital Experiences of Integrating Palliative Care
Mwate Joseph Chaila, Zambart, Lusaka, Lusaka Province, Zambia; Livingstone Central Hospital, Livingstone, Southern Province, Zambia; St Joseph’s Hospice, Livingstone, Southern Province, Zambia

D) Educational Preparedness of Palliative and End-of-Life Care Professionals in India
Elizabeth Tharappel, Prakashi Rajaram, National Institute of Mental Health and Neurosciences, Bangalore, Karnataka, India
PROFFERED PAPERS – PEDIATRIC PALLIATIVE CARE
A series of 15-minute presentations, each followed by a 5-minute question period

A) “Scared of palliative”: Perspectives on Palliative Care from Pediatric Nurses Caring for Children with Progressive Life Shortening Illnesses on Acute Care Units
Shelagh McConnell, Shelley Raffin Bouchal, Nancy Moules, Lillian Rallison, University of Calgary, Calgary, AB, Canada

B) How Can Nursing Education Better Prepare Students for Interactions with Patients and Families?
Rose Steele1, Betty Davies2
1. York University, Toronto, ON, Canada
2. University of Victoria, Victoria, BC, Canada

C) Deconstructing the Agenda: Maternal Perspectives on Antenatal Consultations for Preterm labor
Nathalie Gaucher1, Sophie Nadeau2, Alexandre Barbier3, Annie Janvier1, Antoine Payot1
1. University of Montréal, Montréal, QC, Canada
2. Centre Hospitalier Universitaire de Québec, Centre Mère Enfant Soleil, Québec, QC, Canada
3. McGill University Health Centre, McGill University, Montréal, QC, Canada

D) Survival and Surgical Interventions for Children with Trisomy 13 and 18: A Population-Based Study
Katherine E. Nelson1,2, Laura C. Rosella3,4, Sanjay Mahant1,2,5, Astrid Guttmann1,2,4
1. Hospital for Sick Children, Toronto, ON, Canada 2. Institute for Health Policy, Management and Evaluation, Dalla Lana School of Public Health, University of Toronto, Toronto, ON, Canada
3. Dalla Lana School of Public Health, University of Toronto, Toronto, ON, Canada
4. Institute for Clinical Evaluative Sciences, Toronto, ON, Canada 5. CanChild Centre for Childhood Disability Research, Hamilton, ON, Canada

A) Serotonin Toxicity: Considerations for Palliative Providers
Amber D. Hartman1,2, Robert M. Taylor1,2
1. The Arthur G. James Cancer Hospital and Richard M. Solove Research Institute, Columbus, OH, United States 2. The Ohio State University Wexner Medical Center, Columbus, OH, United States
This session will review the diagnosis of serotonin toxicity, a discussion of medication and disease-related factors that contribute, and an advanced application of these principles to patient cases.

B) Prolonged QT Interval in Palliative Care. Should We Care?
Ahmed al-Awamer1,2, Bahar Nemati1,2
1. University Health Network, Toronto, ON, Canada 2. University of Toronto, Toronto, ON, Canada
An overview of drug-induced long QT syndrome (LQTS) and its implications for palliative care patients from clinical, ethical and legal perspectives including a framework for approaching LQTS risk in palliative care.

A) Who Gets My iTunes When I Die? Opportunities and Challenges of Social Media for Patient Care, Research and Professional Development in Palliative Care
Mary Ellen Macdonald1,2, Hal Siden4,5,6, Susan Cadell3
1. McGill University, Montréal, QC, Canada 2. Montreal Children’s Hospital, McGill University Health Centre, Montréal, QC, Canada 3. Renison University College, University of Waterloo, Waterloo, ON, Canada 4. Canuck Place Children’s Hospice, Vancouver, BC, Canada 5. BC Children’s Hospital, Vancouver, BC, Canada 6. University of British Columbia, Vancouver, BC, Canada
This interprofessional workshop explores the potential of social media to enhance clinical and research practice. Areas of learning focus on professional development, patient & family care and research practice.

CONTINUES ON PAGE 50
**Friday, October 21, 2016 • 11:00 – 12:30 continued**

**G05 – CONTINUED FROM PAGE 49**

B) New Tools: What Improv Has to Teach Palliative Care Teams!
Anna Kate Westmoreland\(^1\), Brad Fortier\(^2\)
1. Legacy Health, Portland, OR, United States
2. Portland State University, Portland, OR, United States

Come learn a few simple games that you can use to unlock teamwork at home! No experience required, you don't have to be a funny person, and guarantee no role play!

**G06**

**PROFFERED PAPERS – COMMUNICATION / EARLY PALLIATIVE CARE**

Three 20-minute presentations, each followed by a 10-minute question period

A) Early Palliative Care: Attitudes and Opinions of Canadian Palliative Care Physicians
Anna Sorensen\(^1,4\), Kirsten Wentlandt \(^1,3\), Monika Krzyzanowska\(^1,3\), Lisa W. Le\(^1\), Gary Rodin\(^1,2,3\), Camilla Zimmermann\(^1,2,3\)
1. Princess Margaret Cancer Centre, University Health Network, Toronto, ON, Canada
2. Campbell Family Research Institute, Princess Margaret Cancer Centre, University Health Network, Toronto, ON, Canada
3. University of Toronto, Toronto, ON, Canada
4. Institute of Medical Science, Dept of Medicine, University of Toronto, Toronto, ON, Canada

B) Oncologist-Patient Decision-Making Discussions in Advanced Cancer Encounters in Singapore
Chetna Malhotra\(^1\), Ravindran Kanveswaran\(^1,2\), Lalit Krishna\(^1,2\), Sing Huang Tan\(^3\), Nesaretnam Kumarakulasinghe\(^2\), Kathryn Pollak\(^4\)
1. Duke-NUS Medical School, Singapore
2. National Cancer Centre, Singapore
3. National University Hospital, Singapore
4. Duke University, Durham, NC, United States

C) Changing Oncologist Behavior to Refer to Home Hospice Care
Charles von Gunten, OhioHealth, Columbus, OH, United States

**G07**

**PROFFERED PAPERS – MUSIC THERAPY**

A series of 15-minute presentations, each followed by a 5-minute question period

A) Saying Goodbye with Song
Amy Clements-Cortes, University of Toronto and Baycrest Centre, Toronto, ON, Canada; Wilfrid Laurier University, Waterloo, ON, Canada

B) Grief Journeys and Musical Moments: Exploring the Connections Between Music Therapy and Bereavement Work
SarahRose Black\(^1,2,3\), Debbie Emmerson\(^1\)
1. Kensington Health, Toronto, ON, Canada
2. Princess Margaret Cancer Centre, Toronto, ON, Canada
3. University of Toronto, Toronto, ON, Canada

C) Development and Efficacy of Music Therapy Techniques Within Palliative Care
Amy Clements-Cortes, University of Toronto and Baycrest Centre, Toronto, ON, Canada; Wilfrid Laurier University, Waterloo, ON, Canada

D) Surveys of Families of Hospice and Palliative Medicine Patients who Experienced Music Therapy
Lisa Gallagher\(^1,2\), Ruth Lagman\(^2\)
1. Cleveland Clinic Arts and Medicine Institute, Cleveland, OH, United States
2. Cleveland Clinic Taussig Cancer Institute, Cleveland, OH, United States
Friday, October 21, 2016

G08  PROFFERED PAPERS – BEREAVEMENT
A series of 15-minute presentations, each followed by a 5-minute question period

A) What Do They Know? Lessons Learned from Facilitating a Children's Bereavement Group
Sarah Tevyaw, Maeve Blake, West Island Palliative Care Residence, Montréal, QC, Canada

B) Impact of Intrapartum Death on Midwives
Orla O’Connell1, Karen McNamara1, Sarah Meaney1,2, Richard Greene2, Keelin O’Donoghue1
1. Cork University Maternity Hospital, Cork, Ireland
2. University College Cork, Cork, Ireland

C) Preparation and Support to View the Body: What Can Palliative Care Learn from People Bereaved by Violent and Sudden Death?
Jane Mowll1, Elisabeth Lobb1,2
1. University of Notre Dame, Kogarah, NSW, Australia
2. Calvary Health Care, Kogarah, NSW, Australia

D) From Freud to Hashtags: The Convergence of Grief Theory and Online Memorialization
Jenni Aitken, Kelli Stajduhar, University of Victoria, Victoria, BC, Canada

G09  PROFFERED PAPERS – SELF-CARE
A series of 15-minute presentations, each followed by a 5-minute question period

A) Taking Mindfulness One Step Further: Cultivating a Contemplative Community for Palliative Care Providers
Laurie Lemieux1,2, Alison Potter1
1. Hospice Calgary, Calgary, AB, Canada
2. Cumming School of Medicine, University of Calgary, Calgary, AB, Canada

B) Sustainable Compassion – Promoting Resilience and Self-Care Amongst Palliative Care Health Professionals
Jacqueline Duc, Lady Cilento Children’s Hospital, Brisbane, QLD, Australia

C) Reducing the Cost of Caring Among Cancer Program Staff: Results of a Compassion Fatigue Resiliency Program
Rita Di Biase, Linda Patrick, Kathryn Pfaff, Laurie Freeman-Gibb, Olivia Moretti, University of Windsor, Windsor, ON, Canada

D) Burnout in Palliative Care - 'I Can't Go On Like This Anymore': Identifying Burnout and Learning Coping Strategies
Mervyn Koh, Tan Tock Seng Hospital, Singapore

G10  Hypnotic Approaches: Reframing Hope, Healing the Feelings, Feeling the Healing.
Sylvain Néron1,2, Daniel Handel3,4
1. Jewish General Hospital - Segal Cancer Centre, Montréal, QC, Canada
2. McGill University, Montréal, QC, Canada
3. Denver Health Medical Center, Denver, CO, United States
4. University of Colorado, Denver, CO, United States

This workshop will focus on clinical demonstrations of hypnotic approaches for self-regulation improvements and amelioration of hope in the face of advanced or progressive illness.
PROFFERED PAPERS / WORKSHOP – PEDIATRIC PALLIATIVE CARE

Two 15-minute presentations, each followed by a 5-minute question period, and a 45-minute workshop.

A) Bridging the Gap: Developing a Palliative Approach to Care for Young Adults
Karen Cook1, Kimberly Widger2, Helen Kerr3, Lynn Straatman4
1. Athabasca University, Athabasca, AB, Canada 2. University of Toronto, Toronto, ON, Canada 3. Queen's University Belfast, Belfast, Ireland, United Kingdom 4. University of British Columbia, Vancouver, BC, Canada

B) “Hospice Scares the Life Out of Me”: Breaking Down Barriers to Communication with Young Adults with Terminal Cancer
Nothando Ngwenya1, Charlotte Kenten1, Louise Jones1, Faith Gibson2,3, Susie Pearce1, Caroline Stirling4, Rachel Taylor1, Jeremy Whelan1

C) The Mindful Navigation of Future Thinking in Adolescents Coping With A Progressive Life-Threatening Illness: Reflections from Research and Practice
Meaghen Johnston1, Camara Van Breemen2, Susan Poitras2
1. Mount Royal University, Calgary, AB, Canada 2. Canuck Place Children’s Hospice, Vancouver, BC, Canada

The intention of this workshop is to explore the various dimensions of clinical practice known to support coping in adolescents living with a life-threatening illness. Through an integration of research findings and clinical practice we will discuss several cases and provide experiential activities that can prepare the clinician in "being with" and "staying present" to youth who are exploring their future that remains unknown by virtue of the trajectory of illness.

PRÉSENTATIONS COURTES – ENSEIGNEMENT, FORMATION, SUPERVISION, TRAVAIL D’ÉQUIPE INTERPROFESSIONNEL

Une série d’exposés de 15 minutes suivis d’une période de questions de 5 minutes.

A) Naissance d’un stage de soins palliatifs au premier cycle
Andréanne Côté1,2, Serge Daneault1,2, Mélanie Vincent2,3, Éric Drouin2,3
1. Centre hospitalier de l’Université de Montréal - Hôpital Notre-Dame, Montréal, QC, Canada 2. Université de Montréal, Montréal, QC, Canada 3. CHU Ste-Justine - Montréal, QC, Canada

B) Parcours pédagogique des internes en structures de soins palliatifs
Nathalie Denis-Delpe1,2, Caroline Galle-Gaud1, Godefroy Hirsh4, Donatien Mallet3
1. CHU de Nantes, Nantes, France 2. Centre de Recherche en Education Nantais, Nantes, France 3. Luynes, CHU de Tours, Tours, France 4. Réseau de Soins Palliatifs de Blois, Blois, France

C) Décider en équipe interprofessionnelle pour le transfert vers des soins palliatifs spécialisés : qui, comment, quand ?
Pierre-Alain Charmillot1, Sophie Pautex2, Emilie Morgan de Paula1, Marianne Waelti-Bolliger1
1. Haute école Arc santé, Delémont, Jura, Switzerland 2. Hôpitaux Universitaires de Genève, Genève, Switzerland

D) Coordination Ville/Hôpital, Hôpital/Ville
Joel Mercier, Gilles Tribault, Pauline Sorton, Karine Rifflard, Marion Boutte, Réseau Cécilia, Coordination en soins palliatifs, Soissons, France
Friday, October 21, 2016

G13  PROFFERED PAPERS – NON-CANCER CARE
Two 20-minute presentations, each followed by a 10-minute question period.

A) Canadian Critical Care Society National Guidelines for Withdrawal of Life Support
James Downar, University of Toronto, Toronto, ON, Canada

B) A Scoping Review of Palliative Care for Those with Severe Persistent Mental Illness
Erin E. Donald, Kelli Stajduhar, University of Victoria, Victoria, BC, Canada

12:30 – 14:00  LUNCH BREAK

L05  A Story/Theatre Presentation
Margaret Murphy and Wendy Potter, Nanaimo Community Hospice Society, Nanaimo, BC, Canada
A riveting 60-minute story-theatre celebration! Professional storyteller Margaret Murphy and Dr. Wendy Potter share the story of a remarkable woman whose vision of death and dying shaped our world.

14:00 – 15:30  CLOSING PLENARY
PL4  CARING...TODAY AND TOMORROW
Co-Chairs: Vasiliki (Bessy) Bitzas, SMBD-Jewish General Hospital, Montréal, QC, Canada, and Christopher MacKinnon, McGill University Health Centre, Montréal, QC, Canada

ON CARING
M. R. Rajagopal, Chairman, Pallium India; Director, Trivandrum Institute of Palliative Sciences Trivandrum, Kerala, India
In the relatively uncharted territory of palliative care in developing countries, caring takes one to deep emotional, social and legal waters. And globally, do we avoid much health-related suffering - including mental illness, drug dependence and chronic pain? An exploration could lead us to another revolution in health care.

THE FUTURE OF PALLIATIVE CARE FROM A GLOBAL PERSPECTIVE
David Praill, Chair of ehospice and Past Chair, Worldwide Hospice Palliative Care Alliance, London, United Kingdom
This presentation will consider the variety and diversity of challenges that lie ahead and will ask whether we are fit for an uncertain future. We have travelled a long way since St Christopher's Hospice first opened its doors almost fifty years ago, yet the vast majority of those requiring palliative care are not close to receiving it. What does this say about our direction of travel and is there anything that we can do to make a real difference?
## Programme at a Glance

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### CONCURRENT ALL-DAY SEMINARS

- **S1** Palliative Care Nursing
- **S2** Pediatric Palliative Care
- **S3** Whole Person Care
- **S4** Clinical Master Class - Update on Palliative Modalities for Cancer Patients
- **S5** Research Methodology

### Workshops

- **A01** Fundamentals of Palliative Care Nursing
- **A02** Pharmacotherapy
- **B01** Fundamentals of Palliative Care Nursing
- **B02** Pharmacotherapy
- **C01** Fundamentals of Palliative Care Nursing
- **C02** Pharmacotherapy
- **D01** Fundamentals of Palliative Care Nursing
- **D02** Pharmacotherapy

### Evenings

- **PL1 - Plenary**
  Kent Nagano
  Joanna Bourke
- **Evenings**
  David Bourke Memorial Lecture 19:00
- **Evenings**
  Memorial Service 17:15-17:55

### Other Activities

- **L01:** FILM: I'm still here (12:50)
- **L02:** Sophocles’ Philoctetes (12:40)
- **L03:** Student Forum (13:00)
- **Poster Session** 17:00-18:30
### Thursday  
**October 20**

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**PL2 - Plenary**  
Johanne de Montigny  
Éric Fiat  

**Break**

**D01 - New Trends in Bereavement Research and Supportive Practice**  
Workshops: **D02 - D12**

**Break**

**E01 - New Trends in Bereavement Research and Supportive Practice**  
Workshops: **E02 - E12**

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**PL3 - Plenary**  
Chris Feudtner  
Amit Sood  

| **MSO Concert** | **20:00** |

### Friday  
**October 21**

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**FO1 - Medical Aid in Dying**  
Workshops: **F02 - F12**

**Break**

**GO1 - Medical Aid in Dying**  
Workshops: **G02 - G13**

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**PL4 - Closing Plenary**  
M.R. Rajagopal  
David Praill  

**Break**

**Invitation to Sponsor and Exhibit**

For information on how to obtain valuable exposure to the leaders working in Palliative Care, contact us at sponsor@pal2016.com.
How to Register

Complete the enclosed form (center of this booklet) and send it along with your registration fees to the Congress Secretariat or simply register online at www.pal2016.com. Alternatively, you can download the registration form and fax or mail it to the Congress Secretariat. For inquiries, contact the Congress Secretariat. (See page 4.)

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Please consult the currency conversion tool available on the registration page of the Congress web site.

Accompanying Persons

Participants may purchase additional tickets for their accompanying persons to attend the social events. Tickets for the Welcome Reception are $40 CAN and include a glass of wine (or beverage of your choice) and light refreshments.

On-Site Registration

On-site registration will be accepted. Participants wishing to register on site are advised to arrive early.

**Registration Hours**

- Tuesday, October 18: 15:00 to 17:00
- Wednesday, October 19: 07:00 to 17:30
- Thursday, October 20: 07:00 to 17:30
- Friday, October 21: 07:00 to 14:00

Session Selection

In order to assist us in allocating appropriate sized rooms for all sessions, we ask you to fill in the Session Selection of the registration form (center of this booklet).

If you wish to attend any of the special seminars, be sure to reserve your place without delay as space is limited. Reservations are on a first-come, first-served basis.
Where to Stay

All hotels listed are within a short walking distance of the Palais des Congrès.

**FOR ONLINE RESERVATIONS:**
To obtain the special Congress rates online, please go to the "Where to Stay" page of the Congress website www.PAL2016.com and click on the link for your favourite hotel.

**FOR TELEPHONE RESERVATIONS:**
Reservations should be made directly with the hotel of your choice. By indicating that you will be attending the 21st International Congress on Palliative Care, you will be eligible for preferential room rates. Please mention “PAL 2016” when making your reservations.

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**InterContinental Montréal**
(Headquarter Hotel)
360 St-Antoine West, Montréal, Québec
Tel: +1 514-847-8525
Toll-Free: * 1-800-361-3600
Fax: +1 514-847-8730
E-mail: montreal@interconti.com
www.montreal.intercontinental.com

**Rate:** $229 CAN single/double
(valid only until Sept. 15, 2016 or while availability lasts)

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**Hyatt Regency Montréal**
1255 Jeanne-Mance Street, Montréal, Québec
Tel.: +1 514-982-1234
Toll-Free: * 1-800-361-8234
Fax: +1 514-285-1243
E-mail: ventes@hyatt.com
www.montreal.hyatt.ca

**Rate:** $215 CAN single/double
(valid only until Sept. 19, 2016 or while availability lasts)

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**Hôtel Le Dauphin Montréal**
– Downtown
1025 de Bleury Street, Montréal, Québec
Tel.: +1 514-788-3888
Toll-Free: * 1-888-784-3888
Fax: +1 514-788-3889
E-mail: mtl_centre@hoteldauphin.ca
www.hoteldauphin.ca/montréal

**Rate:** $169 CAN single/double
(valid only until Sept. 18, 2016)

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*Please note that Toll-Free numbers are for Canada & USA only.
Rates do not include the 3.5% lodging tax, nor the applicable taxes (GST: 5% and the QST: 9.975%) per room, per night.

For information on accommodation in Bed and Breakfasts in Montréal, please visit the Montréal Tourism website: www.tourisme-montreal.org. This site will also provide detailed information about the city and its many attractions.

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Congress Venue

**Palais des Congrès**
(Montréal Convention Centre)
201 Viger Street West, Montréal, Québec, Canada
www.congresmtl.com

The Congress will be held at the Montréal Convention Centre (Palais des Congrès), conveniently located close to Old Montréal, the financial district and Chinatown. Wheelchair access is available at 310 St. Antoine Street West.
Montréal: An Urban Mosaic

Bienvenue à Montréal! Now that’s hospitality with a distinctly French flavour in the second largest French-speaking metropolis in the world. Don’t be surprised to hear more than 30 languages spoken on the streets of this culturally rich and ethnically diverse city. Such is the urban mosaic of this vibrant metropolis situated on an island in the St. Lawrence River.

A pedestrian-friendly city, where ambience is everywhere

Here, joie de vivre is synonymous with festivals, fine dining, cobblestone streets and small cafés. On any given day this city of culture and creativity offers an array of beguiling options from which to choose – dance, theatre, music, museums, shopping, outdoor activities, or just basking in its unique ambiance.

Autumn is Montréal’s most beautiful season.

Renowned for its colours, it is the season for contemplation, when the trees, resplendent in orange, yellow, red and gold, are at their most glorious.

For more information: www.tourisme-montreal.org

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http://blog.cancerview.ca/fr/category/soins-palliatifs-fr/